

# The Newsheet

## Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00am – 12:00 pm

**WELCOME  
TO WORSHIP**



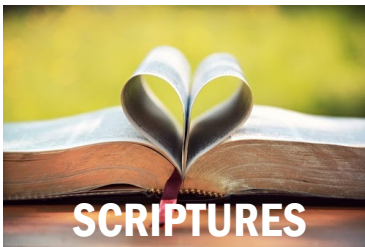
**October 31, 2021**  
**In-Person and  
Online Worship Service  
at 11:00am**  
**Click on either link for  
Sunday Worship Service**



[https://www.facebook.com/  
WaverlyRoadPresbyterian-  
Church/](https://www.facebook.com/WaverlyRoadPresbyterian-Church/)



[https://www.youtube.com/  
channel/  
UC1dv3U42u4jLlksq\\_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



**SCRIPTURES**

**October 31, 2021**  
Mark 12:28-34

**WRPC**  
*Food Pantry*  
**SERVING EVERY FRIDAY**  
**from 10:00am—Noon.**

*A very special thanks goes out  
to all of our Food Pantry  
volunteers who are helping to  
FEED THE HUNGRY  
in our community.*



**You are loved. We are blessed!**

## From the desk of Trinity Gibson...

Good Morning!

Tonight, from 6-7pm is our Reversed Trunk or Treat! Please come through the line to pass candy to kids in costumes and vote for your favorite pumpkins! If you want to get a better look at the carved pumpkins, you may park in Mayfair's lot and walk over.



Youth group is on Mondays 3-5pm. We have an excellent group of tweens and teens! Our recent activities include a firepit weenie roast and pumpkin carving. Volunteers are still needed. Feel free to try out one meeting with no obligation! Please contact me [trinity@waverlyroadpc.org](mailto:trinity@waverlyroadpc.org) with any questions.

I hope all of you have a wonderful fall week of festivities,

—Trinity



## PRAYER REQUESTS

### People in our Prayers

Mary Margaret Bowles	Laci, Nicholas & Robin
Mike Lewis	Lodal
Helen Austin	Joyce Caldwell
Rev. Dan Clark	Sarah Valk
Jackie Britton	Ann Kibler
Holston Presbytery Camp	Jo Morrison
Patients receiving Dialysis	Sharon Petke
Debbie Reiff	Dr. Bob Jernigan
Rorie Parker Family	
Lee Bockman	

### Missions in our Prayers 4th Quarter

#### Local Missions

Kingsport City Schools Homeless Education Program  
Shades of Grace  
Trunk or Treat

#### Regional / National Missions

UKirk (ETSU)

#### International Missions

Families Involved Serving Humanity (FISH), Nicaragua  
Northumbria Community Retreat Center &  
Mother House, England

*We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.*



## This Week at WRPC

**Indoor and Online Worship at 11:00am following NEW protocols.**

<b>Sunday 10/31</b>	9:45am	Sunday School Preschool through Grade 12 – <b>ZOOM</b>
	11:00am	Sunday Worship Service / All Saint's Day (Godly Play Children's Church in Room 102)
<b>Monday 11/1</b>	3:00pm	Youth Group, TBD
<b>Tuesday 11/2</b>	11:00am	Staff Meeting, GS
<b>Wednesday 11/3</b>	1:00pm	ZOOM Bible Study – <b>ZOOM</b>
	6:00pm	Handbell Practice
	7:00pm	Chancel Choir Practice
<b>Thursday 11/4</b>	6:00pm	Stephen Ministry – <b>ZOOM</b>
<b>Friday 11/5</b>	10:00am	Food Pantry – <b>OPEN</b>



**Join us for Zoom Bible Study on Wednesdays with Rev. Collin at 1:00pm**

(You will receive individual emails for different ZOOM events by email with a PIN and Passcode)



**For the month November...**

**If you would like to donate to SMILE, its "Pajamas" month!**

**Please leave them in the tan storage shed at the back of the Prospect House. There is a SMILE logo on it.**

**Thanks so much for your support!**



**How many times have we all said the phrase, "Technology is great when it works"?**

For the past two Sundays, I have sent out links to our worship services and bulletins for worship. However, they have not automatically gone

out to your email inboxes at 12:00am on those Sunday mornings. This may be due to a recent Outlook update. I updated a setting, which I have never had to do before, sent a test to myself, and it seems to be working now. However, if you do not receive an email with the links at midnight on Sundays just click on this link:

[https://waverlyroadpc.org/sermons/.](https://waverlyroadpc.org/sermons/)

## Mission Moment Update...

### Are You Experiencing Pandemic Fatigue?

Are you or someone you know experiencing pandemic fatigue – that feeling of being mentally and emotionally exhausted by everything that's going on right now? We're all facing different kinds of life challenges during this time –

- Isolation and loneliness;
- Anxiety over health;
- Grief;
- Juggling work, childcare, and schooling responsibilities;
- Financial strain or job loss;
- Uncertainty about the future . . .

The list goes on. It's no wonder we might be hit by pandemic fatigue – I know I have.

But a person doesn't have to go through it alone. If you or someone you care about is experiencing difficulties like these or other issues, our Stephen Ministers are ready to listen, care, encourage, and be there to offer support and to provide a listening ear. We have several Stephen Ministers who are ready and anxious to help.

A Stephen Minister will meet with you privately – by phone, by video chat, or possibly in person when it's safe to do so – to focus on you and your needs. It's free and completely confidential, and it offers real care, comfort, and hope.

You can find out more by calling one of our Stephen Leaders, Sharon or Dave Petke, Diana Eldredge, or me.

—Barbara Lane



**Candy wasn't given out to trick-or-treaters until the 1950s.**

There was a time when trick-or-treaters didn't receive candy at all, but rather pieces of cake, fruit, nuts, coins, and little toys, according to the History Channel. It wasn't until the 1950s, when candy makers began to promote their goods for Halloween, that candy became a staple on the trick-or-treating circuit. These days, one quarter of all the candy sold in the U.S. each year is purchased for Halloween.





Views from the

# FOOD PANTRY

by Peter Lodal



**October 31—November 6, 2021**

To all:

We had a larger than normal week this past Friday — 36 bags delivered.

We are still struggling with getting some standard items, but overall the bag content is holding up well.

As always, my thanks to each of you for your support and prayers. —*Pete Lodal*

## WAVERLY ROAD PRESBYTERIAN CHURCH



We continue to celebrate the 75th Anniversary of Waverly Road Presbyterian Church. All year long, our news sheets will be filled with our history, pictures, stories, and memories of our beloved WRPC from the archives and from WRPC member contributions. If you have any of these in your own personal memorabilia that you would like to share with us please contact Rachel Lawson.

### The Story of Waverly Road Presbyterian Church—The 80's, (Part 3 taken from Be Thou My Vision by Keene White)

In June the final ratification was accomplished in Atlanta and the breach dating from 1961 was closed. The newly constituted Presbyterian Church USA was the heir to long and strong traditions and the resolve that they might be the foundations of an even greater witness to Christ, the Lord of the Church, was felt throughout the land.

At the meeting of Session on July 24, 1983 Dale Hobbs, an Elder, announced his intention to enter Columbia Seminary in the summer of 1984 to prepare himself for ordination to the office of Minister of the Word and Sacraments. This was the fourth time our Session had been asked to endorse the intentions of one of the members of the congregation to seek such ordination.

On March 4, 1984 the congregation met to consider the request of Wylie Smith that the pastoral relationship be dissolved so that she might accept the call of Middleton

Heights Church in Laurinburg, NC to be their Pastor. Wylie had been of great service to the church and its Lord during her time in Kingsport. Her good humor and sparkling wit had been good to have around on many occasions. She had been with us for over six years and felt herself to be a part of our families as we felt similarly toward her. In the best tradition of Waverly Road, a gala send off was planned in the shape of a "Wylie Roast" and no one will ever forget Dale Hobbs caricature performance. Wylie assured Dale that she would not forget and promised that there would come a day.



WRPC ministers at 40th Anniversary celebration. L-R: David Kennedy, 1982-86; Collier Harvey; John MacKinnon; Wylie Smith; Marion Currie; Bill Jones, associate 1970-77; and Morris Warren.

**Youth Group is on Mondays from 3-5 pm!**



**We pick up kids from school and parents pick them up. Volunteers are needed. Please contact Trinity with questions at**

[trinity@waverlyroadpc.org](mailto:trinity@waverlyroadpc.org)

# Pledge Drive Update

Amounts of Pledges, Projected Expenses, and Yet to be Received. Plus other interesting stuff related to Stewardship

Projected Expenses: .....	\$488,540
Total Amount of 2022 Pledges Received to Date: .....	\$296,390
Other 2022 Income (Projected) REVISED 10/25/2021: .....	\$ <u>54,512</u>
Still Needed and Yet to be Received: .....	\$137,638

Our circumstances have changed through the years. For example, in years past we had volunteers fill positions that are now paid: Music Director, Youth Director, Children's Director, Bookkeeper, Nursery Workers. At various times leadership has determined that depending on volunteers for those time-intensive functions was not serving God's kingdom as well as we could.

## A few other fun facts:

- Since 2013, 55 of our members and friends have died, and others have moved or transferred their membership. Some of those are still involved in some ways with WRPC.
- In the last few years, we have welcomed 34 adults as members and friends, not to mention their children!
- During a 2-year span of pandemic and subsequent economic upheaval, our congregation has remained, for the most part, physically and financially healthy. **A forgiven federal loan of \$57,900 helped us to continue paying staff at their normal rate.**
- The review of our 75-year history has confirmed what our faith assures us: that God is faithful to meet all our needs.

I pray for us, as Paul did for the church at Ephesus, that God "would unveil within you the unlimited riches of his glory and favor until supernatural strength floods your innermost being with his divine might and explosive power. Then, by constantly using your faith, the life of Christ will be released deep inside you, and the resting place of his love will become the very source and root of your life. Then you will be empowered to discover what every holy one experiences—the great magnitude of the astonishing love of Christ in all its dimensions. How deeply intimate and far-reaching is his love! How enduring and inclusive it is! Endless love beyond measurement that transcends our understanding—this extravagant love pours into you until you are filled to overflowing with the fullness of God! (Ephesians 3:16-19, TPT)

Sharon Petke





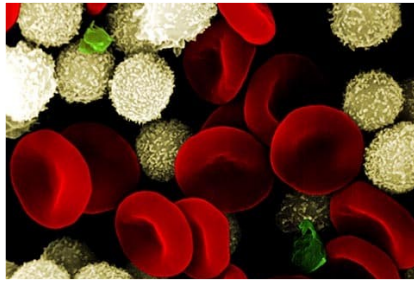
# HEALTH Matters

## What is Sepsis? Symptoms, Treatment, and More

webmd.com

### Sepsis: The Basics

Sepsis is an extreme response to an infection. Your body sends a flood of chemicals into your bloodstream to fight the threat. This causes widespread inflammation which, over time, can slow blood flow and damage your organs. Sometimes sepsis can be life-threatening, especially if it moves to its later stages -- severe sepsis or septic shock. It's important to get help ASAP if you think you have it.



### Symptoms



If you have sepsis, you already have a serious infection. Early symptoms include fever and feeling unwell, faint, weak, or confused. You may notice your heart rate and breathing are faster than usual. If it's

not treated, sepsis can harm your organs, make it hard to breathe, give you diarrhea and nausea, and mess up your thinking.

### Who Gets Sepsis?

It's most common among the elderly, people with a long-term illness (like diabetes or cancer), those with a weakened immune system, and babies less than 3 months old. If you have sepsis you'll need to be in the hospital to get proper treatment.

### How Do You Get It?

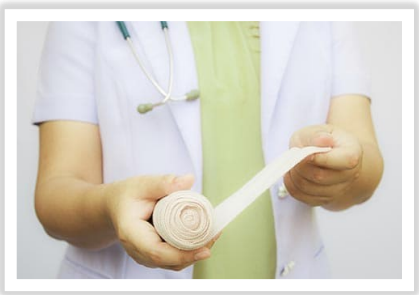
You can't catch sepsis from someone else. It happens inside your body, when an infection you already have -- like in your skin, lungs, or urinary tract -- spreads or triggers an immune system response that affects other organs or systems. Most infections don't lead to sepsis.

### Sepsis and Pregnancy

It's rare, but sepsis can happen when you're pregnant or shortly after pregnancy. Infections can come from bacteria that grow in the birth canal during pregnancy, or from an infection during vaginal births, cesarean sections, or abortions.

### Sepsis From Wounds and Burns

Wounds, sores, or burns make sepsis more likely. When your skin is torn, bacteria on the outside can get inside. A burn that covers a large area can also throw your immune system out of whack. Most of the time, you're not going to get sepsis when you have a cut or wound. Your body can usually repair itself, with treatment from your doctor if needed.



### Sepsis From MRSA

MRSA (methicillin-resistant *Staphylococcus aureus*) is a staph bacterial infection that resists many types of antibiotics. If it isn't treated, it can turn into sepsis. When it's on your skin, MRSA doesn't often cause serious problems. But if it gets into your body through a wound, it can.

### Septic Shock

The most severe stage of sepsis is called septic shock. The heart and circulatory system begin to fail, and blood pressure drops. This slows blood flow to all your organs, and they begin to do poorly. You'll be admitted to the hospital ICU to get around-the-clock care.

### Diagnosis

To diagnose sepsis, your doctor will ask a lot of questions and examine you carefully. Do you have a fever? What is your heart rate? Are you breathing fast? Are you thinking clearly, or are you confused?

They'll also do blood tests, and if needed urine tests, a chest X-ray, or CT scan. The earlier you find out and begin treatment, the better.



### Treatment

Early, aggressive treatment of sepsis is best. You may be admitted to a monitored bed or most likely go to the ICU. Your doctor will start you on antibiotics to fight the infection. You'll also get IV fluids, oxygen, and medicine to keep your blood pressure from falling and to support your body.

### After Sepsis

People with sepsis can fully recover, though they may be more likely to get it again. Whether there are lasting effects depends in part on your age, whether you have a long-term disease, or how quickly you got treated for sepsis.

**Waverly Road Presbyterian Church**  
**1415 Waverly Road**  
**Kingsport, TN 37664-2520**

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## Pumpkin Cheese Ball

*This adorable cheese ball gets its pumpkin-orange coloring from ground-up cheese puffs and the stem is cleverly stolen from a bell pepper.*

Yield: 10 to 12 servings



### Ingredients:

- 3 cups orange cheese puffs
- 2 pounds cream cheese, at room temperature
- 3 cups shredded Cheddar
- 1/4 cup chopped chives
- Kosher salt and freshly ground black pepper
- 1 bell pepper with a long stem
- Crackers, for serving

### Directions:

Put the cheese puffs in a food processor and process until finely ground. Transfer to a rimmed baking sheet.

Combine the cream cheese, Cheddar, chives, 1 teaspoon salt and 1/4 teaspoon pepper in a large bowl and mix to combine. Mold the mixture into a ball, pressing the top of the ball with your hand to flatten it. With the tip of a butter knife, carve lines down the sides to resemble a pumpkin.

Roll the cheese ball in the ground cheese puffs. Remove the entire bell pepper stem with a paring knife and put it on top of the cheeseball as the pumpkin stem. Seed and slice the bell pepper. Serve the cheeseball on a plate with crackers and slices of bell pepper.

# All Saints Day

## Sunday, October 31, 2021

**Remembering the Saints that have  
gone before us.**