he Newsheet

Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am - 4:30 pm, Friday, 8:00 am - 12:00 pm

WELCOME To WORSHIP

September 18, 2022 In-Person and Online Worship Service at 11:00am Click on either link for Sunday Worship Service



https://www.facebook.com/ WaverlyRoadPresbyterian-Church/

https://www.youtube.com/ channel/ UC1dv3U42u4jLIksq_71Foyg



September 18, 2022 Luke 16:1-13



from 10:00am–Noon. *A very special thanks goes out*

to all of our Food Pantry volunteers who are helping to FEED THE HUNGRY in our community.



You are loved. We are blessed!



From the desk of Rachel Lawson...

"I release my parents from the feeling that they have already failed me.

I release my children from the need to bring pride to me; that they may write their own ways according to their hearts, that whispers all the time in their ears.

I release my partner from the obligation to complete myself. I do not lack anything, I learn with all beings all the time.

I thank my grandparents and forefathers who have gathered so that I can breathe life today.

I release them from past failures and unfulfilled desires, aware that they have done their best to resolve their situations within the consciousness they had at that moment. I honor you, I love you and I recognize you as innocent.

I am transparent before your eyes, so they know that I do not hide or owe anything other than being true to myself and to my very existence, that walking with the wisdom of the heart, I am aware that I fulfill my life project, free from invisible and visible family loyalties that might disturb my Peace and Happiness, which are my only responsibilities.

I renounce the role of savior, of being one who unites or fulfills the expectations of others.

Learning through, and only through, LOVE, I bless my essence, my way of expressing, even though somebody may not understand me.

I understand myself, because I alone have lived and experienced my history; because I know myself, I know who I am, what I feel, what I do and why I do it.

I respect and approve myself. I honor the Divinity in me and in you. We are free."

This ancient blessing was created in the Nahuatl language, spoken in Mexico around the VII century. —*Rachel*

PRAYER REQUESTS

People in our Prayers

Rev. Dan Clark Jackie Britton Holston Presbytery Camp Patients receiving Dialysis Rorie Parker Family Lee Bockman Doris Blanchard Susan Smith Sharon Nolen Noah McMillan Roy Cloud Laci, Nicholas & Robin Lodal Joyce Caldwell Family Sarah Valk Ann Kibler Dr. Bob & Jeanne Jernigan Sarah Hale Susan Avery Barbara Lane Family Kirk and Lola Finch

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.

Missions in our Prayers—3rd Quarter

Local Missions Meals on Wheels Shades of Grace WRPC After School Program

Regional / National Missions

Holston Presbytery Camp & Retreat Center Ukirk (ETSU)

International Missions

Butoke Nutrition Center, Congo Moyo wa Afrika, Tanzania

Special Offerings

Peace and Global Witness Offering (Oct. 2 World Communion Sunday)

This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 9/18	9:45am	In-Person Sunday School –
		Preschool through Grade 12
	11:00am	Sunday Worship Service
		Godly Play Children's Church in
		Room 102)
Monday 9/19	6:00pm	Youth Group, YS
Tuesday 9/20	9:00am	Walking Group / Meet at entrance
		behind PetSmart or Netherland Inr
		Road entrance (TBD)
	6:00pm	The Has Beens, FH
Wednesday 9/21	1:00pm	ZOOM Bible Study
	7:00pm	Chancel Choir Practice
Friday 9/23	10:00am	Food Pantry
1		



WRPC Walking Group Every Tuesday, weather permitting!

We will gather at 9:00 am at the Greenbelt entrance behind PetSmart or Netherland Inn Road entrance. Email will be sent out to let you know.

For the month of SEPTEMBER...



SEPTEMBER is the month for donating gently used leggings/ athletic/sweat pants (all sizes) and NEW infant formula.

Thanks for your support!



Open Doors for Jesus!

We need people to sign up as ushers for Sunday morning worship services. There is a sign-up sheet in the Gathering Space. It's easy and

it's fun to welcome your friends to church. If you need some instructions, please talk to Tim Nolen.



Youth Group will start on Monday, September 12, 6:00–8:00 pm. This will be our regular meeting time.



Why I Give

I think when we give of our time, talent, and material resources, we are involved in an act of worship.

God through his goodness and grace created each of us and endows us with all that we have. Accordingly, we should acknowledge God with our thanks by returning to Him part of ourselves in this act of worship.

In the Methodist church the officers of the local church are called "Stewards." They oversee the programs, administrators, and facilities of the local church. I think here at WRPC we all should consider ourselves stewards. Next month, we each have the opportunity to declare our stewardship by committing part of ourselves back to God and the furtherance of His kingdom here at WRPC.

-Jack Lowe

If you would like to share your reasons for giving, please send to Martha Lawson.

New Class Starting for Women's Sunday School

This Sunday, September 18, the Women's Sunday School class will begin a new study on First Corinthians called "Living Love When We Disagree" by Melissa Spoelstra. The study uses a mix of video lessons and daily personal study and reflections during the week. When Covid allows, the group is meeting in person at 9:45 am in Room 205.

When necessary, we convert our meetings to Zoom format and meet online at 9:30 am to give people time to get to church for worship after class if they are attending in person. If you are interested in joining the class, please contact Karen Carman (423-967-1008 or <u>klcarman@charter.net</u>) for details and to purchase a study guide before the first class. We would love to have you join us for this study on First Corinthians.





To all:

Well, so much for trends. We delivered 34 bags on Friday, 3 fewer than the previous Friday.

We are still in need of an additional 4th Friday volunteer, so let me know if you have any candidates in mind.

As always, thanks for your support and your prayers. —*Pete Lodal*



Let's celebrate Susan Whipple's Retirement with a Party! Sunday, September 25 following Worship

On Sunday, September 25, following the morning worship service, the Personnel, Worship, and Fellowship & Discipleship Committees will host a reception in the Fellowship Hall to celebrate Susan Whipple's 41 years of service and ministry at WRPC. We will have a catered lunch (Braeden's BBQ) and lots of opportunity for fellowship, friendship, laughter, stories, and sharing the love that Susan has shared with all of us for so many years. Please plan to join us after worship for a wonderful time of celebration.

Thank you for 41 years of service at Waverly Road Presbyterian Church!



Appalachian Miles for Smiles – Thursday and Friday, October 13 and 14, 2022

Did you know that poor dental health can play a part in decreasing overall health? It can! Certain bacteria and gum diseases can lead to cardiovascular disease, dementia, pregnancy complications, and many more illnesses.

In Matthew 25: 44-45, we read these words:

"They will also answer, 'Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison, and did not help you?' He will reply, 'Truly I tell you, whatever you did not do for one of the least of these, you did not do for me.'"

As Christians, we are called to love others as we love ourselves. In helping with Appalachian Miles for Smiles, we are given an opportunity to do just that.

WRPC has participated in Appalachian Miles for Smiles since 2019. This is a mobile clinic set up at Prospect Center across the street from our church, and this year's dates are **Thursday and Friday**, **October 13 and 14**, from **7:30 am until 4:00 pm.** Doctors, nurses, and other assistants provide vision and dental care for people in our area who cannot easily afford healthcare. We partner with Mafair United Methodist to provide volunteers and meals for the volunteers. Volunteers help people register as they arrive (usually in 4-hr. shifts) and provide a meal for the volunteers on one of the days. A sign-up sheet will be posted outside Amy's office.

Thank you in advance for helping with this much needed service to our community. *—Bree Fox*



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Incredible Monarch Butterfly Facts

1. They Have Slow Motion Clapping Wings The average butterfly

flaps its wings around

20 times per second. The Monarch Butterfly, on the other hand, flaps its wings around 5 to 12 times a second.

2. In the USA, They Travel 3,000 miles, Every Year!

That's equivalent to 4828 kilometers! This annual migration starts in north east United States and Canada and finishes in southwest Mexico. The migration takes place over four generations of butterflies.

3. They Are Poisonous

Monarchs eat poisonous milkweed during their larval stage, which is stored in the body. The poison, cardiac glycosides, causes predators to vomit, although it rarely causes death.

The brightly hued wings of the Monarch Butterfly acts as a "warning sign" to deter hungry predators.

4. The Caterpillars Are Keen Eaters

Greedy Monarch caterpillars have been known to devour a whole milkweed leaf in under five minutes. They eat 200 times their weight in milkweed!

5. Their Chrysalises Have Gold Studs

Funnily enough, the word "chrysalis" is actually derived from the Greek word for gold, "chrysos".

The gold spots on Monarch Butterfly chrysalises are due to carotenoid pigments from their milkweed diet.

6. The Caterpillars Eat Their Shed Skins

As a matter of fact, this caterpillar is quite resourceful! When it first emerges from the egg, it eats the egg shell.

It then sheds its skin five times as it grows and makes a meal out of this each time.

7. They Are Fast Growers

The Monarch caterpillar can grow two thousand seven hundred times it's original weight. Pretty impressive considering that it is only in its caterpillar stage for 10 to 14 days!

8. Their Scientific Name is Danaus plexippus

This is Greek for "sleepy transformation" and refers to the transformation process that happens in the chrysalis.