

The Newsheet

Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00am – 12:00 pm

WELCOME
TO WORSHIP



January 29, 2023

**In-Person and
Online Worship Service
at 11:00am**

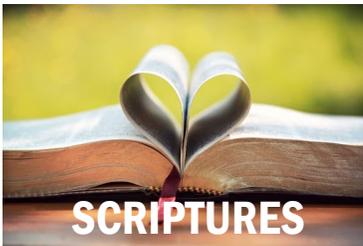
**Click on either link for
Sunday Worship Service**



[https://www.facebook.com/
WaverlyRoadPresbyterian-
Church/](https://www.facebook.com/WaverlyRoadPresbyterian-Church/)



[https://www.youtube.com/
channel/
UC1dv3U42u4jLlksq_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



SCRIPTURES

January 29, 2023
Matthew 5:1-12 &
Psalm 15

WRPC

Food Pantry

**SERVING EVERY FRIDAY
from 10:00am–Noon.**

*A very special thanks goes out
to all of our Food Pantry
volunteers who are helping to
FEED THE HUNGRY
in our community.*



You are loved. We are blessed!



From the desk of Pastor Collin...

Grace and peace to you in the name of our Lord, Jesus Christ,

This past Sunday, we had the blessing of ordaining and installing our new elders to the session of the church. The session serves as the governing body of Waverly Road and leads us by setting a vision for the year. Our current session consists of:

Shelley Porter: Clerk of Session

Howard Carman: Adult Ministries

John Gilmer: Children and Youth Learning

Linda Qualls: Congregational Care

Bree Fox: Mission

Tim Nolen: Worship

Betsy Preston: Personnel

Rebecca Ketchie: Personnel

Martha Lawson: Stewardship

Ken Marsh: Stewardship

I ask that you hold these people in prayer as we continue to discern the movement of the Holy Spirit here on the corner of Waverly Road and how the Spirit moves us out into the world.

May God continue to bless,

—Rev. Collin

Welcome
NEW Elders



People in our Prayers

- | | |
|-----------------------------|---------------------------|
| Rev. Dan Clark | Laci, Nicholas & |
| Holston Presbytery Camp | Robin Lodal |
| Patients receiving Dialysis | Sarah Valk |
| Rorie Parker Family | Ann Kibler |
| Lee Bockman | Dr. Bob & Jeanne Jernigan |
| Doris Blanchard | Sarah Hale |
| Susan Smith | Susan Avery |
| Beverly Carman | Kirk and Lola Finch |
| Howard's Mother) | Ken & Jane Hunter |
| Ted Germroth | |

Missions in our Prayers—1st Quarter

- Local Missions**
Oasis of Kingsport
Waverly Road Child Care Center
- Regional / National Missions**
Appalachian Miles for Smiles
- International Missions**
Butoke Nutrition Center, Congo
Moyo wa Afrika, Tanzania

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 1/29	9:45am	In-person Sunday School Grades Pre-K – 12
	11:00am	Sunday Worship
Monday 1/30	6:00pm	Youth Group, YS
Tuesday 1/31	9:00am	Walking Group, Greenbelt Entrance Netherland Inn
	6:00pm	The Has Beens, FH
Wednesday 2/1	1:00pm	ZOOM Bible Study
	7:00pm	Chancel Choir Practice
Thursday 2/2	6:00pm	Stephen Ministry, MR & ZOOM
Friday 2/3	10:00am	Food Pantry, FH

WRPC Walking Group
Let's Walk
Every Tuesday, weather permitting!
 We will gather at 9:00 am at the Netherland Inn Road entrance to begin our walk.

zoom
 Join us for **ZOOM Bible Study** every Wednesday at 1:00pm

Smile
 foster care closet
For the month of JANUARY...
 Our wish list for January includes donations of diaper cream, rolls of masking tape, and lawn/leaf trash bags.

WRPC Youth...
join us on January 30 in the Youth Suite for an evening of fun!

Stephen Ministry Training Begins on Saturday, January 28th



STEPHEN MINISTRY

We are very happy that our Stephen Minister training classes begin this week. Four potential Stephen Ministers: Tom Christian, Mark Crow, Linda Qualls, and Martha Triplett will begin the 50 hours required Stephen Ministry training this Saturday, January 28th. We will cover three sessions one Saturday each month, January - July.

Here is what our Stephen Ministers are learning this week:

Session One – The Person of the Caregiver - Our Stephen Minister trainees will receive an introduction to the training and will explore the Christ-centered foundation of Stephen Ministry

Session Two – Feelings: Your, Mine, and Ours - Feelings are a gift from God. In this session, our Stephen Minister trainees learn to help people recognize, accept, and express their feelings, and invite them to trust God to bring them healing and wholeness. They will explore the benefits of expressing feelings, and the harm that can come when feelings remain unexpressed.

Session Three – The Art of Listening - Listening is an essential part of Stephen Ministry. Stephen Ministers use active listening skills to help people recognize and accept the feelings they are experiencing. In this session Stephen Ministers learn and practice the skill of reflecting as a valuable listening tool. They explore the many facets of listening and talk about their own experiences so as to better understand when listening is effective and when it feels fake or makes a person feel uncomfortable.

We ask you to keep our Tom, Mark, Linda, and Martha in your prayers as they nurture their gifts and acquire new skills so that they can bring Christ's love and care to hurting people on behalf of our congregation.

Also, pray for our Stephen Leaders, Sharon Petke, Dave Petke, and Barbara Lane who will guide them through their training.

thank you

Special thanks to our Building & Grounds Committee members for helping to keep things working here at church. The water pressure and temperatures have been particularly challenging lately. We really appreciate your service!



Views from the

FOOD PANTRY

by Peter Lodal



January 29—February 4, 2023

To all:

We distributed 34 bags this past Friday, a more normal day.

I have begun work on the 2022 Food Pantry Annual Report—I just KNOW you can't wait to get your hands on it. Our annual meeting will be a part of the Season of Mission presentations, which are still being formulated by the Missions Committee. Stay tuned.

—Pete Lodal

The NEW *Our Daily Bread* publications are here!



Be sure to pick up your copy for March, April and May located right as you enter the Sanctuary door. If you would like a copy mailed to your home, just contact Amy in the church office at 247-5121 and she will be glad to get one in the mail to you.

Encouraging Words

“Stop beating yourself up. You are a work in progress, which means you get there a little at a time, not all at once.”

—Unknown

Receptivity to Care



STEPHEN MINISTRY

We are in the first days of 2023 and are often told Happy New Year. While we wish that everyone can have a happy and healthy 2023, that often will not be the case. Some of us will face some events which we don't anticipate – illnesses of a loved one or ourself, death of loved one, divorces, career changes, loneliness, etc. The list can go on and on. A lot of us want to handle these transitions on our own without asking for help – we don't want to appear weak or want others to think our faith is not as strong as it should be. Waverly Road Presbyterian is blessed to have people who can help during this transition – our Stephen Ministers.

Most people are much more open to giving care than to receiving it. When giving care, we feel stable and secure. When receiving care, we can feel like we're acknowledging weakness, insecurity, and vulnerability.

As a result, there are countless people today, who, though they really could benefit from a fellow Christian who would listen and care for them, instead tough it out on their own. They remain the strong silent type, or wear a smile across a face that is holding back a flood of tears. Society encourages this – to ask for help is to admit weakness.

But God did not create us to be independent. We were created to be interdependent. God's Word is clear on this. The New Testament includes more than 50 verses that contain the words “one another” – “love one another,” “encourage one another,” “build up one another,” and “pray for one another.” That means it's reciprocal; in addition to loving, encouraging, building up, and praying for others, we are to allow other people to do the same for us!

God does not intend for us to suffer alone. Jesus promises, “Come to me, all you who are weary and burdened, and I will give you rest” (Matthew 11:28). We can receive this promised rest when we turn to one another for comfort and help.

That's why we have Stephen Ministers. Many of them have been on the receiving end of care in their lives. They know how difficult it is to ask for help, but they also know the great personal and spiritual growth and healing that follow. They know how to respond in a loving, caring, and nonjudgmental manner. They are equipped, ready, and waiting to provide the comfort and care God very much desires you to have.

But hurting people may need help overcoming the barrier to accepting care. So, if you find someone who is hurting and could benefit from having a Stephen Minister to walk (Continued on back)

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The Newsheet (permit 445-550) is published weekly by Waverly Road Presbyterian Church, 1415 Waverly Rd., Kingsport TN 37664-2520. Periodicals postage paid at Kingsport TN. Postmaster: send address changes to The Newsheet, 1415 Waverly Rd., Kingsport TN 37664-2520.

Receptivity to Care, *cont'd.*

with them, encourage them to give it a try, and seek their permission to pass their name along to Sharon Petke, Referrals Coordinator. Or, if you find yourself facing difficulties in life, be open to receiving God's love and grace through another person. Our Stephen Ministry offers the opportunity for a very confidential relationship with someone who will listen to and provide sorely needed care and encouragement.

For more information on Stephen Ministry, contact Sharon Petke, Dave Petke, or Barbara Lane.

WRPC Blessing Box



If you would like to contribute items, please feel free to place them inside the box unless it is full. If the Blessing Box is full, just bring your items to the WRPC Workroom and we will replenish when the box is empty again. Thanks to everyone for your continued support!

