

The Newsheet

Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00am – 12:00 pm

WELCOME TO WORSHIP



July 16, 2023

**In-Person and
Online Worship Service
at 11:00am**

**Click on either link for
Sunday Worship Service**



[https://www.facebook.com/
WaverlyRoadPresbyterian-
Church/](https://www.facebook.com/WaverlyRoadPresbyterianChurch/)



[https://www.youtube.com/
channel/
UC1dv3U42u4jLlksq_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



SCRIPTURES

**July 16, 2023
TBD**

WRPC

Food Pantry

**SERVING EVERY FRIDAY
from 10:00am–Noon.**

*A very special thanks goes out
to all of our Food Pantry
volunteers who are helping to
FEED THE HUNGRY
in our community.*



You are loved. We are blessed!



—Rev. Collin

From the desk of Pastor Collin...

Greetings to you in the name of our Lord, Jesus Christ,

<p>RFB</p> <p><i>Presents</i></p> <p>COFFEE WITH JESUS</p>	<p>Is my name written in the Book of Life, Jesus?</p>	<p>With an underscore, Kevin.</p>
<p>Book of Life</p> <p>So this watered-down, good-for-nothing believer is OK in your book?</p>	<p>You may be watered-down, Kev, but you're good for a lot.</p>	

©Radio Free Babylon® All rights reserved. If Jesus rejected the watered-down, he'd have never selected the twelve he did. (And those were his friends.) Do you follow him? Then he selected you. Your name's written in his Book. And you'll be joyously surprised by the notations beside your name. You're gonna cry, guaranteed! All credit to Aaron Sprinkle, formerly of Poor Old Lu, for the inspiration. (Buy it. Or at least listen to a sample. The song is "Not All Bad" from the album Moontraveler.)

PRAYER REQUESTS

People in our Prayers

Rev. Dan Clark	Laci, Nicholas &
Holston Presbytery Camp	Robin Lodal
Patients receiving Dialysis	Ann Kibler
Lee Bockman	Dr. Bob & Jeanne Jernigan
Doris Blanchard	Sarah Hale
Susan Smith	Susan Avery
Ted Germroth	Kirk and Lola Finch
Benjamin Salyer	Abigail & Ashleen Easley
Howard S. Carman, Sr.	Sue Hall
(Howard's Father)	(Steve Hall's Mother)

Missions in our Prayers—3rd Quarter

Local Missions

Kingsport City Schools Homeless Education Program
SMILE
WRPC Food Pantry

Regional / National Missions

Holston Presbytery Camp & Retreat Center

International Missions

Love Packages
Osman Hope, Honduras

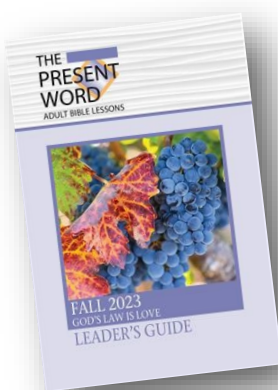
We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 7/16	9:45am Intergenerational Sunday School / VBS Class, FH
	11:00am Sunday Worship
	7:00pm Session, MR
Monday 7/17	6:30pm Mission Committee, ZOOM
Tuesday 7/18	9:00am Walking Group, Greenbelt Holston Valley Trailhead
Thursday 7/20	6:00pm Stephen Ministries, MR & ZOOM
Friday 7/21	10:00am Food Pantry, FH



Online Bible Study To Restart In September

The online weekly Bible study will resume in September. The 20 minute Zoom lesson is taught by Barbara Lane, Jack Lowe, and Betsy Preston. The Present Word is the quarterly that will be used. If you would like a copy of the study booklet, please let Amy know by phone or email. She will be placing an order for the books in the near future.

The Intergenerational Sunday School class becomes an all-inclusive Intergenerational VBS and continues this Sunday and the following two Sundays!



We will meet in the Fellowship Hall during regular Sunday School time.

We would like you to be aware that there is a family with a young child who has a severely compromised immune system. The weeks that they attend masks will be provided to everyone for

their safety and inclusion. This has been the practice for their children's Sunday school class on the weeks they attend, and so it will be our practice as well.

Absolutely all ages are welcome and we hope you'll come enjoy this opportunity to engage with congregation members of all ages you may not normally get to spend time with! A breakfast snack will be served.

Funny Church Stories—Little Johnny



Little Johnny went to Sunday school one Sunday. The lesson for the day was from Genesis. "God opened up Adam's side, took a rib from him, and created Eve from it," was what really struck Johnny.

Later, that afternoon, Johnny started feeling sick, and his side began to hurt. He layed down on the couch, and after about half an hour, his mother came over and asked him if he was feeling okay. He said, "Not really - I think I'm gonna have a wife."



ZOOM Bible Study will be taking a break for the Summer starting June 28 through July 26.
ZOOM will resume on August 2.



For the month of JULY...

Our wish list for July includes gently used Kids sizes 6-20 for Back to School and NEW School Supplies

Vocal Scholarship Program



If you would like to donate to the Vocal Scholarship Fund, you can place a check in the collection plate with Vocal Scholarship Fund designated in the memo line, send your check in the mail to Amy, or place in the Receiving Treasurer's metal lock box in the workroom. We can also receive online donations through the Presbyterian Foundation. The link is [Donation \(eservicepayments.com\)](https://eservicepayments.com) or scan the QR code to go directly to this link.



Views from the

FOOD PANTRY

by Peter Lodol



July 16—22, 2023

To all:

We started the second half of 2023 with 31 bags delivered, slightly below our 2023 average of 36 bags per week.

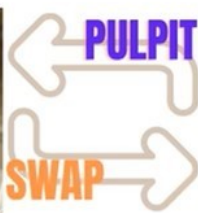
For the first half of 2023, we delivered 953 bags, as compared to 799 for the first half of 2022, a 19% increase.

Similarly, we had a 14% increase in bread donations from Panera.

As always, thank you for your support and prayers.

—Pete Lodol

PULPIT SWAP



On Sunday, July 30, at 11:00am, Rev. Adam Love will preach at Waverly Road Presbyterian and Rev. Collin Adams will preach at Mafair United Methodist.

Following the worship services, both churches will join together at the Prospect Center for a catered lunch.

Join us to hear Collin's message and enjoy some fellowship!

Encouraging Words

"Don't judge each day by the harvest you reap but by the seeds that you plant."
—Robert Louis Stevenson



HEALTH Matters

FDA Approves New Drug to Slow Alzheimer's Disease

by Aaron Gould Sheinin / webmd.com

July 6, 2023 – The FDA today approved a new therapy for early Alzheimer's disease that appears to modestly slow the progression of the disease that affects more than 6.5 million Americans.



The drug, Leqembi, targets amyloid plaques in patients' brains, a key feature of the disease. Study data shows it may slow Alzheimer's progression by 27% over 18 months.

The drug was granted accelerated approval in January, which allows the FDA to approve drugs for conditions when there is a defined need. It is the first therapy for Alzheimer's granted full agency approval in 20 years. The FDA said the drug "demonstrated a statistically significant and clinically meaningful" reduction in decline from the disease. There are risks of brain bleeding and swelling, which sometimes can be fatal, the agency said.

"Today's action is the first verification that a drug targeting the underlying disease process of Alzheimer's disease has shown clinical benefit in this devastating disease," Teresa Buracchio, acting director of the Office of Neuroscience in the FDA's Center for Drug Evaluation and Research, said in a statement. "This confirmatory study verified that it is a safe and effective treatment for patients with Alzheimer's disease."

Medicare said it will cover the drug, which will cost \$26,500 each year, although researchers reported in May that Medicare will likely only cover



80% of that cost, passing on more than \$5,000 a year to patients. Medicare's coverage will also require a patient's doctor to participate in a registry that tracks how well the drug works. Some advocates have called that an unnecessary barrier to treatment as not all doctors will agree to the registry.

Waverly Road Presbyterian Church
1415 Waverly Road
Kingsport, TN 37664-2520

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How do you know if a Watermelon is ripe?



Picking a watermelon can be a little daunting. There are a lot of factors when finding the most sweet and crisp melon. It's hard because you can't see the inside, but there are ways to detect the perfect watermelon.

All you need to use is sight, sound and feel and I'm going to walk you through each one. You'll feel confident walking into the grocery store and excited as you cut into the fruit.

The first thing you need to do is look for a large yellow spot on the melon. This is where the watermelon has been sitting on the ground ripening. A slow grow is best because it allows for it to become more sweet.



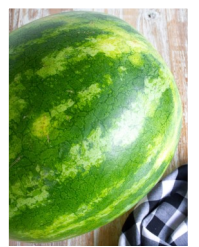
It's okay if there are "scars" on the rind. Those don't affect the taste.

You might also see black bead like spots on it towards the ends. These are kind of rare, but they mean the watermelon will be sweet.

You'll also want to look for distinguished dark green and light green stripes. The darker the green the better.



Next, comes the sound of the melon. You want to actually knock on the melon. You're going to feel like a fool at first, but if it means you're going to get a crisp and sweet watermelon, it's worth the looks you might get by other shoppers.



The sound you are looking for is a hollow sound. Think of it like this. Picture a large storage tote with a lid filled with blankets. What would it sound like if you knocked on it. Very dull and muffled. Remove those blankets and knock on it again. It will sound very hollow and full.

Lastly, you will need to pick up the watermelon. It should feel very heavy. The heavier it is the more water it contains. If it's light in weight it will be very mealy and mushy.

