

The Newsheet

✠ Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00am – 12:00 pm

**WELCOME
TO WORSHIP**



July 30, 2023

**In-Person and
Online Worship Service
at 11:00am**

**Click on either link for
Sunday Worship Service**



[https://www.facebook.com/
WaverlyRoadPresbyterian-
Church/](https://www.facebook.com/WaverlyRoadPresbyterian-Church/)



[https://www.youtube.com/
channel/
UC1dv3U42u4jLlksq_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



SCRIPTURES

July 30, 2023

Ruth 1:1-17

WRPC
Food Pantry
SERVING EVERY FRIDAY
from 10:00am—Noon.

*A very special thanks goes out
to all of our Food Pantry
volunteers who are helping to
FEED THE HUNGRY
in our community.*



You are loved. We are blessed!

From the desk of Rachel Lawson...



There is a reason WRPC has a tiny original parking lot. WRPC was built FOR the neighborhood in which we sit. The frequently asked but rarely answered question is this: how do we best reach and serve our literal next-door-neighbors? WRPC has always had a heart for service; that hasn't changed in our 77 years of being at 1415 Waverly Rd. But what are the needs of our neighbors? That's yet another question that has stood in the way of the answer we seek.

Moreover, what about our church pew neighbors? My friends, it's not easy to ask for help, not from God and certainly not from our siblings in Christ. However, if we truly believe what Jesus said about being more blessed by giving than receiving (Acts 20:35), then what a disservice we are doing to our church family by denying them the opportunity! We must ask for the help we need, for truly it is the receiver that gives the greatest gift. Perhaps if we can make the asking part as painless as possible, we can better push away that nagging thought of being burdensome. If we can do that, then both parties can truly appreciate their respective blessings.

All of this to be said, on August 27th mark your calendars for an after worship luncheon hosted jointly by the Mission and Congregational Care Committees! We will learn how we can use one simple platform called CarePortal to share blessings throughout our church family, next-door neighbors, and the neighbors in YOUR every day life. You may just discover that blessings abound - right at your fingertips. Won't you be my neighbor?

—Rachel



People in our Prayers

Rev. Dan Clark	Laci, Nicholas &
Holston Presbytery Camp	Robin Lodall
Patients receiving Dialysis	Ann Kibler
Lee Bockman	Dr. Bob & Jeanne Jernigan
Doris Blanchard	Sarah Hale
Susan Smith	Susan Avery
Ted Germroth	Kirk and Lola Finch
Benjamin Salyer	Abigail & Ashleen Easley
Howard S. Carman, Sr.	Sue Hall
(Howard's Father)	(Steve Hall's Mother)

Missions in our Prayers—3rd Quarter

Local Missions

Kingsport City Schools Homeless Education Program
SMILE
WRPC Food Pantry

Regional / National Missions

Holston Presbytery Camp & Retreat Center

International Missions

Love Packages
Osman Hope, Honduras

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.

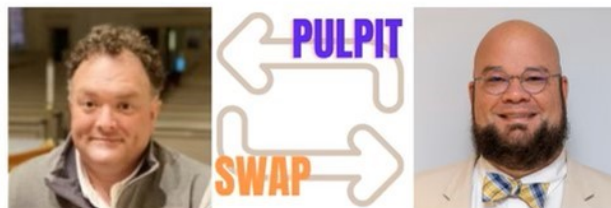


This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 7/30	9:45am	Intergenerational Sunday School / VBS Class, FH
	11:00am	Sunday Worship Pulpit Swap with Mafair UMC
	12:15pm	Luncheon with Mafair UMC at Prospect Center
	12:30pm	Private Event, GS
Monday 7/31	6:00pm	Intergenerational VBS Sunday School Celebration, Crown Colony Club House
Tuesday 8/1	9:00am	Walking Group, Greenbelt Holston Valley Trailhead
	11:00am	Staff Meeting, ZOOM
	6:00pm	Has Beens, FH
Wednesday 8/2	1:00pm	ZOOM Bible Study
	7:00pm	Chancel Choir Practice
Friday 8/4	10:00am	Food Pantry, FH

PULPIT SWAP



On Sunday, July 30, at 11:00am, Rev. Adam Love will preach at Waverly Road Presbyterian and Rev. Collin Adams will preach at Mafair United Methodist.

Following the worship services, both churches will join together at the Prospect Center for a catered lunch.

Intergenerational VBS wraps up this Sunday, July 30!

and

JOIN THE CELEBRATION

You're invited...

**End of Intergenerational VBS
Sunday School Celebration!**

**Monday July 31 from 6-8pm
at the Crown Colony Clubhouse**

Come enjoy the beautiful clubhouse, pool and a dinner of pizza, spaghetti and salad but most importantly each other's company!

**From your friendly Receiving Treasurer:
Noah McMillan**

Statements reflecting your gifts for the year through June 30 have been distributed either in person or via the mail. If you did not receive a statement or you believe something about your statement is amiss, please let me know. I always strive for accuracy! If you need an additional letter or documentation for tax purposes, I will be happy to provide that upon request. Likewise, I can provide an up-to-date statement at any time if you need to know where you stand with respect to your 2023 Pledge. As always, thank you for your faithful support of WRPC!



ZOOM Bible resumes on August 2 at 1:00pm.

We will send out a log-in and password to your email.



**For the month of
August...**

Our wish list for August includes gently used jeans (all sizes) and new feminine supplies.

Vocal Scholarship Program



If you would like to donate to the Vocal Scholarship Fund, you can place a check in the collection plate with Vocal Scholarship Fund designated in the memo line, send your check in the mail to Amy, or place in the Receiving Treasurer's metal lock box in the workroom. We can also receive online donations through the Presbyterian Foundation. The link is [Donation \(eservicepayments.com\)](https://eservicepayments.com) or scan the QR code to go directly to this link.



Views from the

FOOD PANTRY

by Peter Lodol



July 30—August 5, 2023

To all:

We had our largest Friday of 2023 this past week, with 54 bags delivered.

The schools' summer feeding program ended at the end of June, so this may have played a role. But in reality, my prognostication ability simply hasn't gotten any better — I have no clue why we had so many. Onward.....

As always, thank you for your support and prayers.

—Pete Lodol



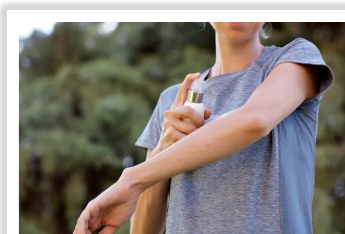
HEALTH Matters

Mosquito Repellents: What Works?

webmd.com

Yes: DEET

A repellent with DEET tells mosquitos to buzz off loud and clear. You'll need one with at least 20% DEET to protect your skin for several hours at a time, although more than 50% doesn't work any better (kids should use 10%-30%). DEET is safe for almost everyone, and if used as directed, it should be OK for pregnant and nursing women and for babies more than 2 months old. But it can make your sunscreen less effective.



Yes: Picaridin

Whether in a spray, lotion, or wipes, picaridin is another EPA-approved ingredient that works well as a skin barrier for mosquitoes. It's a plant-based compound you'll find in products like Cutter Advanced and Skin So Soft Bug Guard Plus. It's also safe for kids and pregnant women.

Yes: IR3535

You can get this man-made mosquito-blocking compound in Avon's Skin So Soft Bug Guard Plus IR3535 Expedition. (Continued on back page)



Holston
Habitat
for Humanity®

2023 Holston Habitat Faith Build

I have an update on the Habitat Faith Build for Marquette and her three children at 2215 Friendship Circle:

Since the ground-breaking in May, teams made up from local churches plus the Habitat Regulars have raised the new house that is now needing further finishing work.

This week, Waverly Road's crew will finish installation of cabinets, closets, bathroom fixtures, and kitchen appliances. We have seven eager volunteers that will work this Thursday, Friday, and Saturday.

Another team of meal providers will be providing sustenance for the workers each day.

Thank you for your continued support of this important mission and keep Marquette's family and the habitat team in your prayers.

—Your Mission Committee



Collin will be preaching at Mafair UMC Sunday and we want to welcome their pastor, Rev. Adam Love to our pulpit.

Following the worship services, both churches will join together at the Prospect Center for a catered lunch.

Following Pulpit Swap

If you would like to bring a dessert to share, it's agreed, there's no such thing as too many desserts!

Call (423) 378-9620 to RSVP your attendance for lunch and wait for the prompt.

Please make a donation to cover the cost of the lunch. Any extra money received will go to Kingsport Homeless Ministry.

We look forward to a time of fellowship with our friends at Mafair!



Mosquito Repellents: What Works?, *cont'd.*

It's A-OK by the EPA and will shoo mosquitoes off skin for several hours. It's another kid and pregnancy-safe option.

Yes: Oil of Lemon Eucalyptus

OLE is EPA-approved and effective for warding off mosquitoes. You can get it (or its synthetic version, PMD) in products like Repel and Off! Botanicals. Steer clear of "pure" OLE (the oil alone, not in a repellent) -- it hasn't been tested for safety and isn't recommended by the EPA.

Yes: 2-undecanone

This chemical, also called BioUD, comes from tomatoes. It's available in BiteBlocker, and some studies say it works as well as products with 30% DEET.

No: Wristbands

Even when they're soaked in repellent, wristbands don't do much to keep mosquito bites at bay. They only block bites for the skinny strip of wrist they cover, leaving the rest of your body a bug buffet.

No: Citronella

Citronella is a common ingredient in products made to repel mosquitoes. Though it may work as a brief buffer to

bites, it's not a serious solution. Likewise, candles with citronella won't really help.

No: Essential Oils

Plant-based oils like lemongrass, cedar, eucalyptus, peppermint, soybean, lavender, and geranium may be popular, but studies haven't shown any evidence that they ward off mosquitoes from snacking on you. Some might irritate your skin.

No: Garlic and Vitamin B

It would be great if swallowing a simple pill or clove worked as a cure-all for mosquito magnetism. Sadly, scientists say proof is lacking to declare those methods a solution.

No: Bug Zappers

Lay off the lights that are intended to lure bugs in. They don't make much of a difference. And you may actually be inviting more mosquitoes to your yard.

No: Ultrasonic Devices

These gadgets send out high-frequency sound that's meant to drive away pests. There's a chance they might work on crickets, but studies say mosquitoes are unbothered by the noise.

