

# The Newsheet

## Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00 am – 12:00 pm

WELCOME TO WORSHIP



April 28, 2024

In-Person and Online Worship Service at 11:00am

Click on either link for Sunday Worship Service



<https://www.facebook.com/WaverlyRoadPresbyterianChurch/>



[https://www.youtube.com/channel/UC1dv3U42u4jLksg\\_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLksg_71Foyg)



### SCRIPTURES

April 28, 2024

1 John: 4:7-21 & Acts 8:26-40

### WRPC

## Food Pantry

SERVING EVERY FRIDAY from 10:00am–Noon.

A very special thanks goes out to all of our Food Pantry volunteers who are helping to FEED THE HUNGRY in our community.



You are loved. We are blessed!

## From the desk of Trinity Gibson...



Hello church family,

A big part of acceptance and diversity is realizing that we are not the standard. We often assume everyone has access to the same possibilities and resources and can understand us. When we stop assuming, we start respecting and responding to the person in front of us. So many times, we get stuck in our own habits and lifestyle that we become irrelevant to the crowd.

Then, whatever we say or do is inconsequential. If we provide food and homes for the poor and fail to realize that we could be them in a heartbeat, we have disconnected.

Disconnection leads us to judgement. Judgement grows into pride. Pride becomes hate and disgust. Unfortunately, this is what the world hears when most mainstream Christians speak.

Let's challenge ourselves to stop, listen, and see the crowd. The crowd made of individuals begging to be known, accepted, and safe. Be the peace in someone's life. Choose to be open. Take the harder path of understanding and acceptance. Hang the flag, speak our faith, and share our resources. Make our homes the ones that kids come to when no one else cares. Let our goals be to show the unconditional love of Jesus and be a soft landing and safe church for everyone.

—Trinity



## PRAYER REQUESTS

### People in our Prayers

- Rev. Dan Clark
- Holston Presbytery Camp
- Doris Blanchard
- Ted Germroth
- Benjamin Salyer
- Howard S. Carman, Sr. (Howard's Father)
- Sue Hall (Steve Hall's mother)
- Mike Lewis
- Dave & Sharon Petke
- Steve Hall
- Laci, Nicholas & Robin Lodal
- Ann Kibler
- Jeanne Jernigan
- Sarah Hale
- Kirk and Lola Finch
- Abigail & Ashleen Easley
- Travis & Kathy Adams
- (Collin's parents)
- Chuck Green
- Marty Qualls
- Conner Caldwell

### Missions in our Prayers—2nd Quarter

#### Local Missions

- Family Promise (IHN)
- Second Harvest Food Bank of NE Tennessee
- WRPC Food Pantry

#### Regional / National Missions

- Holston Habitat for Humanity

#### International Missions

- Love Packages
- Living Waters of the World

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



## This Week at WRPC

### Indoor and Online Worship at 11:00am.

<b>Sunday 4/28</b>	9:45am	Sunday School
	11:00am	Worship Service
<b>Monday 4/29</b>	6:00pm	Youth Group, YS
<b>Tuesday 4/30</b>	9:00am	Walking Group, Greenbelt Holston Valley Trailhead Entrance
	6:00pm	The Has Beens, FH
<b>Wednesday 5/1</b>	1:00pm	ZOOM Bible Study
	7:00pm	Chancel Choir Practice
<b>Thursday 5/2</b>	6:30pm	Stephen Ministry Leaders, GS
<b>Friday 5/3</b>	10:00am	Food Pantry, FH



Join us every Wednesday at 1:00pm for ZOOM Bible Study. We will send out log-in instructions to your email.



**Monday, April 29,  
6:00–8:00pm**

We will be gathering in the Youth Suite for a fun evening of learning and fellowship!



**SMILE for the  
Month of May**

Our wish list for April includes new or gently used Preemie 5T clothing and new or gently used twin bedding (sheet sets and comforters).



**Cantemus  
Women's Choir  
presents "Poetry  
in Motion"  
concert**

Friday, May 10, 7:00pm at Waverly Road Presbyterian Church, Kingsport, TN

Saturday, May 11, 7:00pm at First Presbyterian Church, Johnson City, TN

## Mission Moment Update...

### April 21, 2024—Season of Mission Update

This update shares where we ended up with our Mission Action Plan giving this past year and also provides an update of your generous pledging during our recent Season of Mission for the 2024-25 Mission Action Plan. For last year, we received pledges totaling \$35,575. Actual giving came in at \$42,025 or 118% of the pledged amount. We disbursed \$46,116 from the Mission Action Plan, \$4,425 from designated funds and \$1,900 from our mini-grant program. Thanks to you, Waverly Road definitely made an impact on neighbors in need locally, regionally and around the world.

For the 2024-25 Mission Action Plan, we are very excited to report we have received pledges totaling \$75,550! This is an amazing 212% of last year's pledges!! So far, we have received \$12,850 in actual giving. We are well positioned to make significant impacts on the organizations we choose to support this coming year.



Finally we want to report on the service projects we conducted as part of our Season of Mission. For the Food Pantry, we received toilet paper, toothbrushes, toothpaste, soap and canned goods in addition to cash donations of \$180 which enabled us to purchase even more toilet paper which is the most often requested item not in the standard bag.

For Oasis of Kingsport, we received numerous personal care products, paper towels, foil, food storage bags, and kitchen towels in addition to cash donations of \$400 which will be used to purchase more of the items they most need. Lastly, our children and youth along with a few young at heart adults decorated 148 white paper bags for use in First Presbyterian's Friendship Diner to hand out Grab and Go breakfasts with a little extra love.

The Mission Committee extends a sincere thank you for your amazing generosity. We are excited to be able to share generously with our neighbors in need again this year in the name of Jesus Christ.

—The Mission Committee



Views from the

# FOOD PANTRY

by Peter Lodol

**April 28—May 4, 2024**



To all:

We dropped back to only 31 bags delivered this past Friday, probably due to the weather.

Other than a few minor supply chain issues, things seem to be going well.

As always, thank you for your support and prayers.

—Pete Lodol



## HEALTH Matters

### National Drug Shortages Hit Record Levels

Lisa O'Mary / webmd.com



April 18, 2024 – Requesting a refill at the local pharmacy or getting a complete series of a specific chemotherapy is becoming hit-and-miss as problems with the pharmaceutical supply chain mount.

Drug shortages have reached record levels, hitting a new peak of 323 medicines in the U.S. for which demand has exceeded supply during the first 3 months of 2024. That tops the record of 320 active shortages in 2014, according to a professional group that tracks the problems along with the University of Utah.

The shortages extend broadly beyond blockbuster injectable weight loss drugs. They include numerous antibiotics and medicines for problems with the heart and blood vessels.

### Ask the Pharmacist: OTC vs. Prescription Medicine

Over-the-counter medicine is quick to act and will help with most general allergy issues. But when would you need to talk to your doctor about getting a prescription? (Continued on back page)

## Stephen Ministry at Waverly Road



**STEPHEN MINISTRY**

Stephen Ministry is a caring ministry we have here at Waverly Road Presbyterian Church. It involves specially trained congregation members, called Stephen Ministers, who provide one-to-one Christian care to people who are experiencing a life challenge or transition.

As a Stephen Ministry congregation, we're part of something big. There are more than 13,000 enrolled congregations. Stephen Ministry congregations are from more than 192 different Christian denominations and come from all 50 states, 10 Canadian provinces, and 30 other countries. More than 80,000 pastors, church staff, and laypeople have been trained as Stephen Ministers.

Stephen Ministry was developed in 1975 by Dr. Kenneth Haugk, a pastor and clinical psychologist, who saw that he alone could not provide for all the caring ministry needs in his congregation. He began training laypeople, called Stephen Ministers, to help provide high-quality Christian care. The ministry was so successful that other churches became interested and Dr. Haugk founded the not-for-profit Stephen Ministries St. Louis organization, which produces and delivers resources and training to support Stephen Ministry in thousands of congregations.

Thanks to the vision and hard work of Sharon Petke, our church has had Stephen Ministry since 2008. In that time, we have trained 28 of our members as Stephen Ministers. Since we began, Stephen Ministry 16 years ago, we estimate that our Stephen Ministers have provided well over 300 hours of one-to-one caring to care receivers both in our congregation and to people outside the congregation.

Each of the current and former Stephen Ministers wish to express our thanks and appreciation to Sharon, who has spent countless number of hours working to make her vision a reality by training Stephen Ministers, planning, organizing, leading the Supervision meetings, and providing care to several care receivers herself. Sharon retired in September, 2023, after 15 years of service. Thank you very much Sharon. You are missed!!

If you have any questions about Stephen Ministry or know someone who might be interested in a caring, confidential listening ear, please contact one of our Stephen Ministers: Scott Bowles, Tom Christian, Mark Crow, Susan Foster, Anne Garber, Barbara Lane, Dave Petke, Linda Qualls, Syliva Rotenberry, or Martha Triplett.

**Waverly Road Presbyterian Church**  
1415 Waverly Road  
Kingsport, TN 37664-2520

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## **National Drug Shortages Hit Record Levels, *cont'd.***

“Some of the most worrying shortages involve generic sterile injectable medications, including cancer chemotherapy drugs and emergency medications stored in hospital crash carts and procedural areas. Ongoing national shortages of therapies for attention-deficit/hyperactivity disorder also remain a serious challenge for clinicians and patients,” wrote American Society of Health-System Pharmacists CEO Paul W. Abramowitz, PharmD, in his most recent blog post.

The American Society of Health-System Pharmacists and the University of Utah’s Drug Information Service collect voluntary shortage reports and maintain a database of drug shortages.

In some cases, people searching for their next dose of scarce medications like the diabetes drug Ozempic and its weight loss counterpart Wegovy last year turned to substitutes, such as compounded versions, that can result in side effects. The situation led the FDA to warn people to avoid compounded versions and to be alert that some drugs may be marketed as having the same active ingredient, when instead they contained a salt formulation that had not been shown to be safe or effective.

Ozempic is no longer listed as experiencing an active shortage, but Wegovy still can be difficult to find. Ozempic and Wegovy are both made by Novo Nordisk and use the same active ingredient, semaglutide. The semaglutide shortage began in 2022, according to the American Society of Health-System Pharmacists’ database.

The FDA also maintains a shortage list and recently added most doses of another new and popular weight loss injectable drug called Zepbound (its generic name is tirzepatide). The version of tirzepatide used for diabetes is called Mounjaro, and both are made by Eli Lilly. The shortage comes just months after Zepbound was approved by the FDA, and the agency says “limited availability” is likely to persist through at least June this year.

## **Encouraging Words**

“The smallest act of kindness can have the biggest impact on someone's day.”—Unknown