

The Newsheet

Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00 am – 12:00 pm

WELCOME
TO WORSHIP



April 7, 2024

In-Person and
Online Worship Service
at 11:00am

Click on either link for
Sunday Worship Service



<https://www.facebook.com/WaverlyRoadPresbyterianChurch/>



https://www.youtube.com/channel/UC1dv3U42u4jLksg_71Foyg



SCRIPTURES

April 7, 2024

Psalms 133 & 1 John 1:1-2:2

WRPC

Food Pantry
SERVING EVERY FRIDAY
from 10:00am–Noon.

A very special thanks goes out
to all of our Food Pantry
volunteers who are helping to
FEED THE HUNGRY
in our community.



You are loved. We are blessed!



From the desk of Pastor Collin...

Greetings to you in the name of our Lord, Jesus Christ,

The tomb is empty. Christ has risen! Any of you who were at church this Sunday, or who watched it online know that I get a bit excited when I say these words. They are exciting! They change the world and our lives. The resurrection of Jesus shows us that nothing stops what God desires and that we are loved.

We are also called to respond to the resurrection. In the gospels we see Jesus telling people to go and tell, to spread the good news and to love one another. If we believe that the resurrection happened, then we are to show that faith by doing the same things.

With nothing to stop us or hold us back, let us love one another. Let us be the salt of the earth and the reflection of Christ's light in the world.

He is Risen!

—Rev. Collin



PRAYER REQUESTS

People in our Prayers

Rev. Dan Clark	Laci, Nicholas &
Holston Presbytery Camp	Robin Lodal
Doris Blanchard	Ann Kibler
Ted Germroth	Jeanne Jernigan
Benjamin Salyer	Sarah Hale
Howard S. Carman, Sr.	Kirk and Lola Finch
(Howard's Father)	Abigail & Ashleen Easley
Sue Hall	Travis & Kathy Adams
(Steve Hall's mother)	(Collin's parents)
Mike Lewis	Chuck Green
Dave & Sharon Petke	Marty Qualls
Steve Hall	Conner Caldwell

Missions in our Prayers—2nd Quarter

Local Missions

Family Promise (IHN)
Second Harvest Food Bank of NE Tennessee
WRPC Food Pantry

Regional / National Missions

Holston Habitat for Humanity

International Missions

Love Packages
Living Waters of the World

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 4/7	9:45am	Sunday School
	11:00am	Worship Service / Communion / 5 Cents-a-Meal Offering
Monday 4/8	11:00am	11:00am Circle of the Word, Room 205
	6:00pm	Youth Group, YS
Tuesday 4/9	9:00am	Walking Group, Greenbelt Holston Valley Trailhead Entrance
	6:00pm	The Has Beens, FH
Wednesday 4/10	1:00pm	ZOOM Bible Study
	7:00pm	Chancel Choir Practice
Thursday 4/11	11:00pm	Congregational Care
	12:00pm	Worship Committee, ZOOM
Friday 4/12	10:00am	Food Pantry, FH



Join us every Wednesday at 1:00pm for ZOOM Bible Study. We will send out log-in instructions to your email.



**Monday, April 8,
6:00–8:00pm**

We will be gathering in the Youth Suite for a fun evening of learning and fellowship!

The next SMILE benefit Rummage Sale is Saturday April 20th!



Last time we raised \$1500 and would love to do even better this time! Drop-off your formerly-loved-treasures the week of April 14-19th and place the items in the first large closet past the elevator in the Fellowship Hall. Happy Spring Cleaning!



SMILE for the Month of April

Our wish list for April includes new or gently used swimsuits and new hygiene items.

SALT

We Need Your Feedback on a New SALT Group!

The Adult Ministries Committee is exploring the possibility of forming a new SALT (Seeking and Learning Together) group that will focus on studying the Enneagram.

The Enneagram is an ancient personality typing system that identifies Nine Personality Types expressed individually and in relationship to others. One of the distinctions of the Enneagram is that it doesn't just explain how you are now, but it shows you how you can better move forward into the future.

Right now, the Enneagram is especially important because we are culturally so divided into tribes and camps and we are polarized, and we seem to be finding ourselves based on what we are against instead of centering on what we're for.

When we understand the nine different ways of seeing the world, we can give other people room to see the world the way they see it. And we can learn from that and bring different gifts to one another and try to address our future together.

Adult Ministries is trying to gauge interest from our congregation for this kind of study topic. We would appreciate your help by responding on the Yes or No hyperlink at <https://forms.gle/jqNmof275L55hoHRA>.

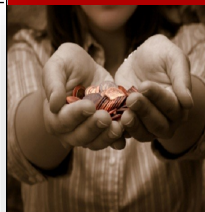
Or if you would like to give direct verbal feedback or have questions, please contact Eileen Butler, chair of Adult Ministries, at eileen2220@gmail.com.

Communion Sunday, April 7, 2024

Join us during our in-person or online Worship Service this Sunday for Communion. For online worship, just provide your own bread and juice or wine and let's break bread together.



5 Cents-a-Meal Offering will be collected this Sunday, April 7!



We are very grateful to Holston Presbytery, but also to the congregation of WRPC for your dedication to the 5 Cents-a-Meal offerings!



Views from the

FOOD PANTRY

by Peter Lodol

April 7–13, 2024



To all:

We only delivered 26 bags Friday, 174 for the month of March.

Our thanks to Rachel Lawson for providing Easter baskets for our clients. They proved to be very popular.

A reminder that United Grocery, a new store to Kingsport (located where Tuesday Morning used to be, off Stone Drive), is doing a canned food drive on behalf of the Food Pantry from April 3 through April 9. We appreciate their generosity.

—Pete Lodol



HEALTH Matters

Houseplants Poisonous to Pets

by Paul Frysh / webmd.com

Amaryllis

This bulb produces a large, trumpet-shaped flower, typically red or white. They grow to between 4 and 10 inches in size. Common symptoms after your dog or cat eats it are: Diarrhea, vomiting, tenderness in belly area, drooling, sudden weight loss, and trembling.

Lilies

This flower is so toxic to cats that even a small amount could cause kidney damage. All of the plant is poisonous -- even the pollen. You might notice drooling, vomiting, diarrhea, or no symptoms at all. The key is to get your cat to the vet right away. Lilies are far less harmful to dogs, but they can irritate their mouths and stomachs, especially calla lilies.



Sago Palms

You might know them as coontie palms, cardboard palms, cycads, or zamias. They look like little palm trees, and your pet could get seizures or liver failure from munching

on them. The seeds are especially bad. Even one or two could cause symptoms like: Vomiting, diarrhea, and depression.

Tulips / Daffodils

These colorful, cup-shaped flowers signal the start of spring. But they can be a real problem if your furry friend mistakes them for a snack. Though any part of the plant can irritate their mouth and throat, the bulbs are the most toxic. If your pet eats a few, they might have trouble breathing, start drooling, or even have convulsions.

Holly

Lip smacking, drooling, and head shaking are signs your pet has chowed on holly. Toxins are part of the problem, as are spiky leaves that can be hard on the mouth and tummy. You might notice vomiting, diarrhea, and low mood soon after. Some types are more toxic than others.

Mistletoe

If you like to use real mistletoe for your holiday events, keep it where pets can't get to it. The berries can cause vomiting, diarrhea, breathing problems, low heart rate, and even ataxia (walking wobbly) and seizures in dogs and cats.

Begonia

The most toxic part, which can cause kidney issues, is under the soil in the root area. So your pet would have to empty the pot onto the floor to get to that. Still, the leaves and blossoms are also poisonous. They can irritate the inside of your dog or cat's mouth and cause vomiting, drooling, and trouble swallowing.

Oleander

Tremors, drooling, seizures, muscle weakness, and extreme vomiting are just some of the signs that your pet may have eaten some of this highly poisonous plant. It can strain their heart, so get your pet to the doctor right away.

Schefflera

You might know this common household plant as an umbrella tree or starleaf. It adds a touch of green to your house, and it's easy to care for. But if your pets nibble on it, they might have intense burning and irritation in and around their mouth, along with vomiting, drooling, and swallowing problems.

Plants You Cut Outside

Any number of flowers and plants that you cut outside and bring inside can also be poisonous to pets. Azalea and hydrangea cuttings are two common culprits. Foxglove, iris, and daffodils can also cause serious problems.

Marijuana

Take great care if you decide to keep this plant inside. It can cause vomiting, drooling, fast heart rate, seizures, low body temperature, and even unconsciousness or coma. (Continued on back page)

Houseplants Poisonous to Pets, *cont'd.*

What to Do for Your Pet

Keep poisonous plants away from pets. Clear up any leaves and other debris that might tempt them. Call your vet or an emergency vet if you think your animal has eaten something toxic, especially if they show signs of illness. Take a picture of the plant or bring some of it, or the vomit, with you to the vet to help figure out what your pet ate. Also, the ASPCA has a 24-hour Animal Poison Control Center hotline at 888-426-4435.

How to Make a Dog Throw Up (Emergency Only)

Here's how to induce vomiting in dogs using hydrogen peroxide:

1. **Measure out a dose of 3% hydrogen peroxide:** The typical dose is 1 teaspoon (about 5 ml) per 10 pounds of body weight. This can be given every 10 minutes, up to three times, until the dog vomits.
2. **Administer the dose:** Using a syringe or turkey baster, administer the hydrogen peroxide solution orally.
3. **Wait for your dog to vomit:** Most dogs will vomit within 15-20 minutes. If your dog does not vomit within this timeframe, you may redose with the same amount of hydrogen peroxide, but **DO NOT EXCEED THREE DOSES.**

4. **Observe your dog:** Once your dog has vomited, observe them for any further signs of distress and inform your veterinarian.
5. Additionally, hydrogen peroxide should not be used in certain situations, such as when a dog has ingested a corrosive substance or a sharp object. It is always best to contact your vet or a poison control center before inducing vomiting in your pet.



Waverly Road Music Appreciation Luncheon Sunday, April 14!

All of our congregation is invited to lunch in the Fellowship Hall on April 14th following Worship. We will honor those who participate in the music program with catered BBQ from Braeden's. All you have to do is attend, eat, and appreciate!
See you Sunday, April 14th!