

The Newsheet

Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00 am – 12:00 pm

WELCOME TO WORSHIP



August 4, 2024

**In-Person and
Online Worship Service
at 11:00am**

**Click on either link for
Sunday Worship Service**



[https://www.facebook.com/
WaverlyRoadPresbyterian-
Church/](https://www.facebook.com/WaverlyRoadPresbyterianChurch/)



[https://www.youtube.com/
channel/
UC1dv3U42u4jLlksq_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



SCRIPTURES

August 4, 2024

John 6:24-35 &
Ephesians 4:1-16

WRPC

Food Pantry

**SERVING EVERY FRIDAY
from 10:00am–Noon.**

*A very special thanks goes out
to all of our Food Pantry
volunteers who are helping to
FEED THE HUNGRY
in our community.*



You are loved. We are blessed!



From the desk of Rachel Lawson...

Sometimes just "being here" is enough - being here in THIS church where frightened people can come and feel less-anxious-than-normal because they are surrounded by God's love.

"Piglet?" said Pooh. "Yes?" said Piglet. "I'm scared," said Pooh. For a moment, there was silence.



"Would you like to talk about it?" asked Piglet, when Pooh didn't appear to be saying anything further. "I'm just so scared," blurted out Pooh.

"So anxious. Because I don't feel like things are getting any better. If anything, I feel like they might be getting worse. People are angry, because they're so scared, and they're turning on one another, and there seems to be no clear plan out of here, and I worry about my friends and the people I love, and I wish SO much that I could give them all a hug, and oh, Piglet! I am so scared, and I cannot tell you how much I wish it wasn't so."

Piglet was thoughtful, as he looked out at the blue of the skies, peeping between the branches of the trees in the Hundred Acre Wood, and listened to his friend.

"I'm here," he said, simply. "I hear you, Pooh. And I'm here." For a moment, Pooh was perplexed. "But... aren't you going to tell me not to be so silly? That I should stop getting myself into a state and pull myself together? That it's hard for everyone right now?" "No," said Piglet, quite decisively. "No, I am very much not going to do any of those things." "But - " said Pooh. (Continued on back page)



PRAYER REQUESTS

People in our Prayers

Rev. Dan Clark
Holston Camp
Doris Blanchard
Ted Germroth
Benjamin Salyer
Sue Hall
(Steve Hall's mother)
Mike Lewis
Sharon Petke
Conner Caldwell

Laci, Nicholas &
Robin Lodal
Ann Kibler
Malcolm Jones Family
Kirk and Lola Finch
Travis & Kathy Adams
(Collin's parents)
Chuck Green
Marty Qualls

Missions in our Prayers—3rd Quarter

Local Missions

Kingsport City Schools Homeless Education Program
SMILE Foster Closet
Kingsport Homeless Ministry

Regional / National Missions

Holston Camp & Retreat Center

International Missions

Congo Hope, Congo

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 8/4	9:45am Sunday School
	11:00am Worship Service / Communion / 5 Cents-a-Meal Offering
	12:00pm LEO Luncheon, FH
Monday 8/5	7:00pm Enneagram Journey Class, MR
Tuesday 8/6	9:00am Walking Group, Greenbelt Holston Valley Trailhead Entrance
	6:00pm Has Beens, FH
Wednesday 8/7	12:00pm ZOOM Bible Study
	7:00pm Chancel Choir Practice
Thursday 8/8	12:00pm Worship Committee, ZOOM
Friday 8/9	10:00am Food Pantry, FH
	11:00pm Congregational Care, GS



**Join us every Wednesday at 1:00pm for
ZOOM Bible Study. We will send out log-in
instructions to your email.**



SMILE for the Month of August

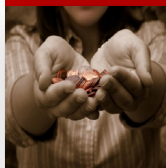
Our wish list for August includes
new or gently used leggings / athletic
sweatpants, new school supplies and
lunch boxes.

Communion Sunday, August 4, 2024

Join us during our in-person or online
Worship Service this Sunday for Communion.
For online worship, just provide your own
bread and juice or wine and let's break
bread together.



**5 Cents-a-Meal Offering will be collected
this Sunday, August 4!**



**We are very grateful to Holston
Presbytery, but also to the congregation
of WRPC for your dedication to the
5 Cents-a-Meal offerings!**

Mission Moment Update...

July 28, 2024—

Barnabas Ministry at WRPC Completes 25 Years of Encouraging College Students

In 1998, Susan Lodal and Charlene Combs, a retired school librarian, began this ministry at our church. Since then, members of Waverly Road have been secretly paired with college students throughout the school year. Adult volunteers encourage their students by lifting them up in prayer and sending notes of encouragement and care packages. The students may be living at home or they may be attending school far from home. There are times when all of us can benefit from prayer, an encouraging word sent through the mail, or a care package; our college students are no exception.

This past Thursday, July 25th, we participated in the annual Barnabas Reveal at which time the Barnabas was introduced to the student to whom she provided encouragement to during the 2023-2024 school year. The students participating in the program for the 2023-2024 school year were Gillian Marlow, Laura Whipple, and Marshall Palmer. The reveal was done by Zoom in order to accommodate the students or graduates who are currently living and/or working out of town. Each of the Barnabas volunteers are sending their student a restaurant gift card.

Why is the Barnabas Program important to our college students? Studies have shown that more than two thirds of young Protestants will stop attending church for at least a year between the ages of 18 and 22. This occurs for many reasons. But what is important is that those that come back, choose to do so partially because of the relationships that they have sustained with members of their church family.

Barbara Lane served as coordinator last year and plans to for 2024-2025. The coordinator is the go-between person between the Barnabas and the student and who makes the assignments at the beginning of the school year.

We are kicking off the program for the School Year of 2024-2025. We need students enrolled in college and people willing to be a Barnabas to a student. If you know of student who will be enrolled in college for the school year 2024-2025 or are willing to be a Barnabas to a student, please contact Barbara Lane.

Please be in prayer for this ministry, which is part of Adult Ministry at WRPC, as we provide encouragement to the students, who are starting a new adventure or continuing his/her education. They will be our future leaders. We hope this ministry continues at WRPC for many years.



Views from the

FOOD PANTRY

by Peter Lodal

August 4–10, 2024



To all:

We closed out July with 47 bags delivered for a total of 163 for the month of July.

The supply chain issues seem to be easing somewhat, as Second Harvest had a lot of food available that had been backlogged for over a month.

As always, thank you for your support and prayers.

—Pete Lodal

What Do Stephen Ministers Do?



You have seen two terms used frequently in The Newsheet over many months recently: Stephen Ministers and Stephen Leaders. What's the difference? Why do we have both at WRPC? You read the reflections of a Stephen Minister

in last week's Newsheet, written by Martha Lawson. This week, we'll look at the role of the Stephen Leader.

Training.

Stephen Ministers receive 50 hours of training locally, usually taught by Stephen Leaders or other Stephen Ministers. That training prepares the Stephen Ministers to care for persons in their church or community who are facing challenges in their lives. You have read in previous articles about some of the many types of challenges with which the listening ear of a Stephen Minister might help.

The Stephen Leader, on the other hand, is responsible for seeing that the overall program runs according to the needs of the care receivers and to the limitations set out by the parent organization: Stephen Ministries St. Louis. A Stephen Leader receives a week's worth of training. When Barbara Lane and I took the Leader's training, we went away to another city (I went to Orlando, FL) to an intensive training session which ran mornings, afternoons and evenings, Sunday night through Saturday noon. More recently, and thanks to COVID, Leader's training is done online using Zoom®. Susan Foster and Linda Qualls were trained this way.

Duties.

The Leaders have several roles: supervision, awareness, referrals and training. Fortunately, we at WRPC have four Stephen Leaders and each of us handles one of those tasks. In addition to overseeing the whole program, I handle the supervision function; Barbara focusses on awareness, writing the weekly columns for The Newsheet, for example. Susan is our referrals coordinator, matching new care receivers with a Stephen Minister who she thinks is best suited to help him or her with their specific situations; and Linda leads our training programs for future Stephen Ministers.

Overlap.

Although it is not required that a Stephen Leader be a trained Stephen Minister, we are blessed at Waverly Road that all four of our Leaders are fully trained Stephen Ministers also. This means that although the four primarily serve the leadership functions of Stephen Ministry, they can additionally serve as Stephen Ministers. And in fact, some have done so.

I hope that helps you better understand the two terms – Stephen Minister and Stephen Leader. And if you have questions about Stephen Ministry at all, please contact me, Dave Petke, in person, by phone or by e-mail.



**Please be sure to RSVP
for our LEO Lunch this
Sunday, August 4!**

**Focus on WRPC's Future Health &
Financial Picture**

As you may have heard in recent announcements, WRPC is facing challenges. Like many mainstream churches, our membership numbers have declined due to a variety of reasons and we have to reassess how we want to handle the challenges that come with that shift. Bill Butler, our Receiving Treasurer, recently presented the Session with a comprehensive picture of the direction of WRPC's finances over the last ten years or so, and the projection for our finances over the next five to six years. It is important that the rest of the church also sees this presentation and has the opportunity to ask questions. We need our whole church family to be part of facing the changes ahead.

The Adult Ministries Committee is planning this LEO lunch with a simple menu of **"monster pizzas" from Italiano's and tossed salad**. Please scan the QR code or call the church office to let us know if you can attend.



Thank you from the Adult Ministries Committee:
Eileen Butler (chair), Howard Carman, Anne Garber,
Rachel Lawson and Lynda Snook.

Waverly Road Presbyterian Church
1415 Waverly Road
Kingsport, TN 37664-2520

The Newsheet (permit 445-550) is published weekly by Waverly Road Presbyterian Church, 1415 Waverly Rd., Kingsport TN 37664-2520. Periodicals postage paid at Kingsport TN. Postmaster: send address changes to The Newsheet, 1415 Waverly Rd., Kingsport TN 37664-2520.

"I can't change the world right now," continued Piglet.
"And I am not going to patronize you with platitudes about how everything will be okay because I don't know that.

"What I can do, though, Pooh, is that I can make sure that you know that I am here. And that I will always be here, to listen; and to support you; and for you to know that you are heard.

"I can't make those Anxious Feelings go away, not really.

"But I can promise you that, all the time I have breath left in my body...you won't ever need to feel those Anxious Feelings alone."

And it was a strange thing, because even as Piglet said that, Pooh could feel some of those Anxious Feelings start to loosen their grip on him and could feel one or two of them start to slither away into the forest, cowed by his friend, who sat there stolidly next to him.

Pooh thought he had never been more grateful to have Piglet in his life.

(My thanks to the author whom I do not know... and to Facebook page creator Sad Jesus for sharing)

—Rachel



School starts Monday, August 5!

**Here's wishing all of our WRPC
students an amazing year of
learning, friendship and fun!**

Have a great school year!