

The Newsheet

Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00 am – 12:00 pm

**WELCOME
TO WORSHIP**



August 11, 2024

**In-Person and
Online Worship Service
at 11:00am**

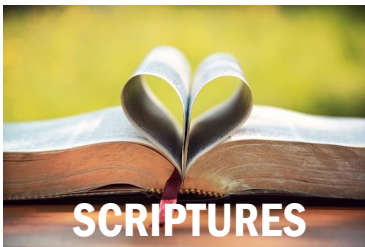
**Click on either link for
Sunday Worship Service**



[https://www.facebook.com/
WaverlyRoadPresbyterian-
Church/](https://www.facebook.com/WaverlyRoadPresbyterianChurch/)



[https://www.youtube.com/
channel/
UC1dv3U42u4jLlksq_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



SCRIPTURES

August 11, 2024

Ephesians 4:25-5:2 &
John 6:35, 41-51

WRPC

Food Pantry

**SERVING EVERY FRIDAY
from 10:00am–Noon.**

*A very special thanks goes out
to all of our Food Pantry
volunteers who are helping to
FEED THE HUNGRY
in our community.*



You are loved. We are blessed!



From the desk of Pastor Collin...

Greetings to you in the name of our Lord, Jesus Christ,

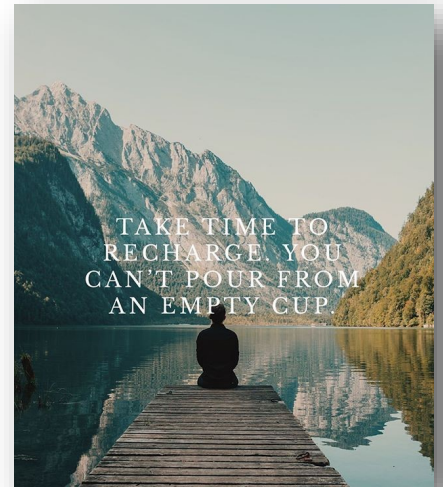
As I told you all yesterday, I begin a sabbatical next month. First, let me thank you all for providing me this opportunity. When I was called to WRPC part of my terms of call was to be given a sabbatical after 6 years of service. As we begin our 7th year together, I feel a sense of wonder at how far we have come together.

It is that sense of wonder that I am planning to explore during my time away. I will be reading a number of books about wonder and awe. I will be talking with other pastors and people about how they find wonder in their lives and ministry. I will also be spending a lot of time outside to cultivate my own sense of wonder.

When all is done, I hope to come back to you all recharged and able to help us build wonder into our walk of discipleship together. I look forward to this time away, and I pray that God moves in you as God moves in me.

May God continue to bless,

—Rev. Collin



People in our Prayers

Rev. Dan Clark
Holston Camp
Doris Blanchard
Ted Germroth
Benjamin Salyer
Sue Hall
(Steve Hall's mother)
Mike Lewis
Sharon Petke
Conner Caldwell

Laci, Nicholas &
Robin Lodal
Ann Kibler
Malcolm Jones Family
Kirk and Lola Finch
Travis & Kathy Adams
(Collin's parents)
Chuck Green
Marty Qualls

Missions in our Prayers—3rd Quarter

Local Missions

Kingsport City Schools Homeless Education Program
SMILE Foster Closet
Kingsport Homeless Ministry

Regional / National Missions

Holston Camp & Retreat Center

International Missions

Congo Hope, Congo

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



This Week at WRPC

Indoor and Online Worship at 11:00am.

Sunday 8/11	9:45am	Sunday School
	11:00am	Worship Service
Tuesday 8/13	9:00am	Walking Group, Greenbelt Holston Valley Trailhead Entrance
	6:00pm	Has Beens, FH
Wednesday 8/14	12:00pm	ZOOM Bible Study
	7:00pm	Chancel Choir Practice
Thursday 8/15	7:00pm	Stephen Ministry, MR & ZOOM
Friday 8/16	10:00am	Food Pantry, FH



Join us every Wednesday at 1:00pm for ZOOM Bible Study. We will send out log-in instructions to your email.



SMILE for the Month of August

Our wish list for August includes new or gently used leggings / athletic sweatpants, new school supplies and lunch boxes.

SUNDAY SCHOOL

for Children & Youth

Nursery available for children 0-3 years

Sundays from 9:30am - 12:30pm

3 years - Kindergarten Sunday School

led by Godly Play Room 9:45-10:45am

1st-5th grade Sunday School

led by Carlista Barttels and Charlie Foster, 9:45-10:45am

6-12th grade Sunday School

led by Trinity Gibson, 9:45-10:45am



I want to let you know that Uplift Appalachia will be regularly offering Trauma Informed Church trainings and Understanding Addiction for the Church trainings all across Southwest Virginia and Northeast Tennessee.

In the next couple of weeks, we have one in Virginia and one in Tennessee.

The trainings are FREE, and we encourage anyone from the faith community to come. We want to equip the church to be walk with people who have addictions, mental health struggles, or are just trying to find their way in the world. To find all of our upcoming trainings, click here: <https://www.eventbrite.com/o/uplift-appalachia-77255891013>

Here are links to register, but come and bring people even if you don't register:

Trauma Informed Church

The Lincoln Theater, Marion, VA

August 15 from 6:00-8:00pm

<https://www.eventbrite.com/e/trauma-informed-church-training-tickets-952133215077?aff=ebdsoporgprofile>

Understanding Addiction for the Church

Uplift Appalachia Training Center, 417 W. Market St., Johnson City, TN

August 22 from 6:00-8:00pm

<https://www.eventbrite.com/e/understanding-addiction-for-the-church-tickets-957739513667?aff=ebdsoporgprofile>

Call (423-202-0188) or email (clements@etsu.edu) if you have questions.

—Susan Lodal

Try One of Our Adult Sunday School Classes!

Apprentice Class - Room 105

Hybrid Format via Zoom and in-person. Class begins at 9:15 instead of 9:45 to accommodate the logistics with Zoom. Leaders: Howard Carman, Dave and Sharon Petke.

Women's Sunday School Class - Room 205

Leader: Karen Carman. The class uses a variety of DVD/Workbook Small Group Studies as the basis for the lessons and subsequent discussions.

Adult Lectionary Class - Gathering Space

Leader: Shelley Porter. Discussions are prompted by the Weekly Lectionary Text.



Views from the

FOOD PANTRY

by Peter Lodol

August 11–17, 2024



To all:

We began August with a modest 36 bags delivered.

We will see what the start of the school year brings us.

As always, thank you for your support and prayers.

—Pete Lodol

How a Stephen Minister Helped Me



STEPHEN
MINISTRY

There was once a time when I was having difficulty with life in general – nothing BIG! like a death in the family or terminal cancer – but a bunch of little things which, if left internalized could have become BIG! things. And then I thought

about Stephen Ministry which I heard about through my church, which just happens to be Waverly Road. I investigated what it was all about, and I looked up Stephen Ministry on-line and then on the Waverly Road website, and thought, “What have I got to lose but an hour a week?” And I could always cancel if it didn’t work for me. So, I got in touch with one of the Stephen Leaders listed in the Newsheet, and they got me set up with a Stephen Minister.

Preparing for that first meeting with my Stephen Minister was a little like when I first went away to college. But when he showed up, and yes it was a man because I am a man, he immediately put me at ease. We just talked. That’s all. Talked. Now, looking back on it, I was the one talking and my Stephen Minister listened. He asked me to explain a few things I said; and he encouraged me that I was doing the right things. That hour went by so quickly that I didn’t realize it was up so soon. And my Stephen Minister asked if he could pray with me. Of course, I said yes; and he prayed not only with me but for me. That felt so good!

Over a couple of months, we met once every week for several weeks. And you know, I started to see my little problems were diminishing. I also found I could trust my Stephen Minister not to blab about me; and he assured me that he never mentioned my name to anyone. Not even

when he had supervision about how his relationship with me was going.

Then one day, he said to me that he could see that I had made some really good progress in dealing with my issues and he was actually proud of my progress! And I guess I was, too. Then he said he thought we could meet every other week instead of weekly. We tried it and it worked. Finally, he and I agreed that we could stop meeting all together formally and just remain friends. We did stop, and yet we are good friends.

If I can make a suggestion to anyone else dealing with problems, BIG or little: consider a Stephen Minister. Can you spare an hour a week for a few weeks if it makes you feel better about yourself and helps you become less stressed? I did and I think it will for you, too.

Name withheld by request.

STEWARDSHIP

SHARING THE GIFTS WE HAVE



The Worship Ministry at Waverly Road

I have been involved in Worship Planning for many years at Waverly Road not just because it is a gift of service, but because it strengthens me and brings me joy. I am currently serving as both the Worship Elder and the Chair of the Worship Planning Committee. Everyone at church is aware of what Sunday Worship services are, and how they are central to our life at the church. Not only Sundays, but worship also includes special services such as Christmas Eve, Ash Wednesday, Maundy Thursday, and Good Friday. Funerals and weddings are also services which occur in our church. In many ways, worship is what the church institution does the most. Money given to the church to support the staff, the building, and supplies are, in actual practice, largely being spent to support worship activities. The most significant use of the building every week is for worship. A large percentage of staff time is for worship.

Sometimes we make the mistake of thinking that worship happens because the staff “puts on” a worship service. Yes, the staff have a critical role, but there is no worship without the involvement of volunteers on the Worship Planning Committee to plan services and oversee the Vocal Scholars program, the Sanctuary Guild (led by Lynda Snook) to make ready the worship space and prepare communion, the Ushers volunteers (led by Stephen Bus) during the service, the choir and other musical volunteers, art contributors, volunteer preachers and readers, acolytes (led by Carlisa Barttels) and others. (Continued on back page)

Waverly Road Presbyterian Church
1415 Waverly Road
Kingsport, TN 37664-2520

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The Worship Ministry at Waverly Road *cont'd.*

However, the most important piece of worship is the involvement of the entire congregation. Worship is not “presented to” the congregation. Worship is what the congregation does as we worship together to spread the Good News, practice spiritual disciplines, sacraments, and receive the Word of God. Worship is hugging a friend, praising God, and expressing love.

Everyone who believes in Jesus Christ should know that he or she is part of the priesthood of all believers, as we learn from 1 Peter 2:5. No believer should be afraid to contribute to worship or help with worship services and that includes children and youth. You can try out any role in helping with worship with no fear and no heavy burden. I encourage everyone to embrace their personal priesthood and join in the joy of contributing to worship. No one should be left out!

Encouraging Words

"In the middle of difficulty lies opportunity."
—Albert Einstein

Peanut Butter Granola Pinwheels

YIELD: 16 pinwheels

This recipe is great for after school. It's really quick to make and filling enough to hold the kids until dinner. To satisfy heftier appetites or to serve as a power lunch, cut each tortilla into fewer pieces or provide one per child. The recipe is easy to increase as needed.



Ingredients

- 4 tablespoons creamy peanut butter
- 2 flour tortillas (8 inches)
- 2 teaspoons honey
- 1/2 cup granola without raisins

Directions

1. Spread peanut butter over each tortilla; drizzle with honey and sprinkle with granola. Roll up; cut into slices.