

# The Newsheet

## Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am—4:30 pm, Friday, 8:00am—12:00 pm

### WELCOME TO WORSHIP



**August 15, 2021**

**In-Person and Online Service at 11:00am**

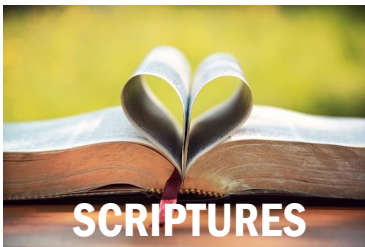
**Click on either link for Sunday Worship Service**



<https://www.facebook.com/WaverlyRoadPresbyterianChurch/>



[https://www.youtube.com/channel/UC1dv3U42u4jLlksq\\_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



### SCRIPTURES

**August 15, 2021**

Psalms 111, John 6:5-58 & Ephesians 5:15-20

### WRPC

*Food Pantry*

**SERVING EVERY FRIDAY from 10:00am—Noon.**

A very special thanks goes out to all of our Food Pantry volunteers who are helping to **FEED THE HUNGRY** in our community.



**You are loved. We are blessed!**



### From the desk of Pastor Collin...

**Greetings to you in the name of our Lord, Jesus Christ!**

When I was about 13, I had to go to Atlanta with my family because my younger brother had a soccer game. I was not very excited about this trip and made my opinion known, repeatedly, to my dad. Eventually he tired of listening to me whine and gave me the keys so I could go sit in the car while they finished watching the games. When they all finally came back, my dad found me sitting in the car reading a book about soccer. His exasperation was palpable.

My bookshelf is full of books about things. There are books on how to pray, how to create a sermon, how to build community. Our Bible is also full of things telling us how we should live life and treat one another. I know that I often mistake reading about something or doing something, or experiencing something. Reading about soccer is not the same as watching or playing soccer. Reading about prayer is not the same as praying though. Reading about loving one another is not the same as actually loving one another.

We have got to start putting what we have read into practice. Our world needs people who are praying for it and for God's people. Our towns and cities need people who are working to build communities out of God's love. Our neighbors need us to start loving one another.

Following Jesus begins by getting up and following. Let us go.

*Rev. Collin*



### People in our Prayers

Mary Margaret Bowles	Laci, Nicholas & Robin
Mike Lewis	Lodal
Helen Austin	Joyce Caldwell
Rev. Dan Clark	Tom King Family
Jackie Britton	Sarah Valk
Holston Presbytery Camp	Ann Kibler
Patients receiving Dialysis	Jo Morrison
Debbie Reiff	Sharon Petke
Rorie Parker Family	
Lee Bockman	

### Missions in our Prayers 3rd Quarter

#### Local Missions

Kindermusik  
Second Harvest Food Bank of NE Tennessee  
WRPC After School Program

#### Regional / National Missions

Holston Presbytery Camp & Retreat Center

#### International Missions

Butoke Nutrition Center, Congo  
Moyo wa Afrika, Tanzania

We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.



## This Week at WRPC

**Online Worship and In-Person Worship continues at 11:00am following all protocols.**

**Family Promise begins August 15 – 21**

**Sunday 8/15**

- 9:45am Sunday School Grades Preschool – K – **ZOOM**
- 10:00am Sunday School Grades 1-5 – **ZOOM**
- 10:00am Sunday School Grades 6-12 – **ZOOM**
- 10:30am Chancel Choir Practice
- 11:00am Sunday Worship Service/ Godly Play for Children
- 7:00pm Session, MR
- 1:00pm ZOOM Bible Study – **ZOOM**
- 7:00pm Chancel Choir Practice – Sanctuary
- 10:00am Food Pantry – OPEN

**Wednesday 8/18**

**Friday 8/20**

## Mission Moment Update...

You may remember hearing about our church's new mission project in February. It was interesting to me that our youth came up with this name: L.E.T. or LET – Love and Encourage Teens. Our teen-aged Sunday School students were paired up with adult volunteers. The idea was to give our youth positive support during a difficult school year. Adults wrote letters, emails, text messages, and shared small gifts from February through July.

Some of the partners had never met in person because of the pandemic! On July 31st, we gathered for an ice cream party in the Fellowship Hall, to celebrate the end of the program and to meet one another. We played simple icebreaker games, threw a few Corn Hole bean bags, and laughed a lot!

The Mission Committee had set aside \$50 from the 2020 Pentecost Offering for this program. There were no expenses for the party, since the food was donated. All of the participants agreed that the Holston Presbytery Camp would be a perfect place to send the funds, to support youth and young adult programs.

I think everyone who participated in the LET program enjoyed it. I know I would join in again if we do a similar project in the future. It was a wonderful way for adults and teens to become acquainted.

Thank you to all who were a part of this mission project and to the congregation for your support.

—Nancy Knight



### Morning Check-Ins with Rev. Collin on



Join us for morning musings, words of wisdom and spiritual guidance at

<https://www.facebook.com/WaverlyRoadPresbyterian-Church/>.



### For the month of August...

If you would like to donate to **SMILE**, August is the month for small bags of hygiene items (like make-up bags or pencil pouches). Also, boys clothing size 5T. Thanks so much for your support!



## Family Promise®

Greetings to all!

Waverly Road Presbyterian Church is scheduled to "host" the families in Family Promise the week of August 15, 2021. Due to Covid, the families are staying in a hotel instead of rotating between churches. WRPC has been asked to provide money for food for the week of August 15th. If you would, please donate money to WRPC with the designation of "Family Promise". Please remember in your prayers the families participating in the program and the individuals running the program.

Thank you for your support of this important community program. —Karen Gilmer



School Makes a Difference

**Sunday School for Children & Youth offerings for the next few weeks:**

**Sunday School via Zoom every Sunday:**

**Pre-school – K** 9:45am with Wanda Kerns

**Grades 1st-5th** 10:00am with Candace Sass and Carlisa Barttels

**Grades 6th-12th** 10:00am with Karen & John Gilmer





Views from the

# FOOD PANTRY

by Peter Lodal

**August 15—21, 2021**



To all:

Pete and Susan are in Vermont visiting their children and grandchildren. Pete will update us with two weeks of Food Pantry activity when they return to Kingsport in next week's Newsheet.

**SUE SUBLETT LOVED A PARTY!**  
**JOIN US IN CELEBRATING HER MEMORY.**

Saturday, August 14, 2021  
 5:00pm – 8:00pm Celebratory Toast at 6:15pm

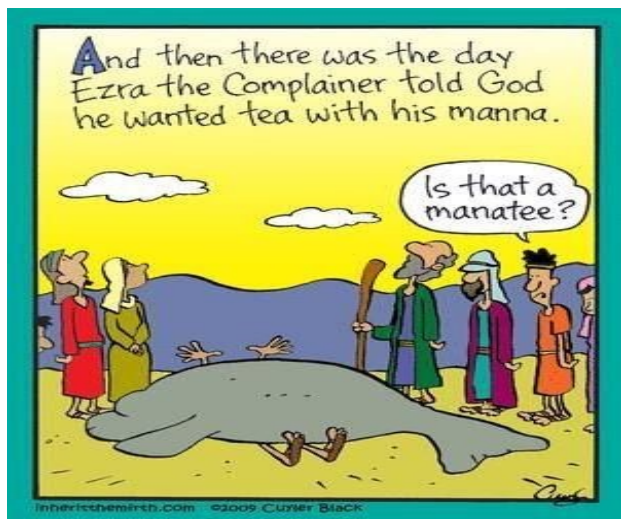
Casual Cocktail Party with food, drink and laughs.  
 Kingsport Meadowview Conference Center Patio Courtyard

Questions? [kpsizemores@gmail.com](mailto:kpsizemores@gmail.com) or 423-612-1187. Hope to see you there!

## 2021 Mid “ish” Year Contribution Statements are Ready!

For the next 2 Sundays August 15 and 22, I will be handing out contribution statements so that you know where you are for the year, and to make sure things are recorded as you wish. Handing them out as opposed to mailing them out reduces postage costs. So, if you see me walking around with a box with envelopes, please flag me down and get your statement. I will mail out what is left. If you have questions, just let me know. Get 'em while they're hot!

—Bill Butler, Receiving Treasurer



## WAVERLY ROAD PRESBYTERIAN CHURCH



We continue to celebrate the 75th Anniversary of Waverly Road Presbyterian Church. All year long, our news sheets will be filled with our history, pictures, stories, and memories of our beloved WRPC from the archives and from WRPC member contributions. If you have any of these in your own personal memorabilia that you would like to share with us

please contact Rachel Lawson.

## The Story of Waverly Road Presbyterian Church Celebrates 25 Years (Part 2)

The 25th Anniversary Celebration at WRPC kicked off with a visit from Reverend Marion Currie and his wife, Barbara on March 28th. Reverend Currie had served as pastor of our church from 1944 to 1948. At this point, he was pastor of Fellowship Presbyterian Church in Greensboro, NC but he had traveled far and wide since his time at Waverly Road including a time of study in



Reverend Marion Currie

Edinburgh, Scotland. Reverend Currie's sermon was titled "Reassuring Voices in the Night". The congregation gathered to share a "covered-dish family night supper" to fellowship with the Curries.

Next up, on Palm Sunday, April 4th, was the return to the pulpit of Reverend John MacKinnon who had pastored WRPC from his graduation from seminary in 1949 until June of 1952 when he was called back to military service. He served two years as an Air Force Chaplain before going on to pastor a number of Presbyterian churches in the Carolinas and Texas. At the time of the anniversary, he was on staff as the Minister of Family Life and Counseling at Memorial Drive Presbyterian Church in Houston, TX. Reverend MacKinnon's sermon was entitled "Love Is a Verb". The church family met to share a family breakfast together in celebration. (Continued on back page)



The MacKinnon Family



# HEALTH

## Matters

### Mosquito Repellents: What Works?

webmd.com



#### Yes: DEET

A repellent with DEET tells mosquitos to buzz off loud and clear.

You'll need one with at least 20% DEET to protect your skin for several hours at a time, although more than 50% doesn't work any better (kids should use 10%-30%). DEET is safe for almost everyone, and if used as directed, it should be OK for pregnant and nursing women and for babies more than 2 months old. But it can make your sunscreen less effective.



#### Yes: Picaridin

Whether in a spray, lotion, or wipes, picaridin is another EPA-approved ingredient that works well as a skin barrier for mosquitoes. It's a plant-based compound you'll find in products like Cutter Advanced and Skin So Soft Bug Guard Plus. It's also safe for kids and pregnant women.

#### Yes: IR3535

You can get this man-made mosquito-blocking compound in Avon's Skin So Soft Bug Guard Plus IR3535 Expedition. It's A-OK by the EPA and will shoo mosquitoes off skin for several hours. It's another kid- and pregnancy-safe option.

#### Yes: Oil of Lemon Eucalyptus

OLE is EPA-approved and effective for warding off mosquitoes. You can get it (or its synthetic version, PMD) in products like Repel and Off! Botanicals. Steer clear of "pure" OLE (the oil alone, not in a repellent) -- it hasn't been tested for safety and isn't recommended by the EPA.

#### Yes: 2-undecanone

This chemical, also called BioUD, comes from tomatoes. It's available in BiteBlocker, and some studies say it works as well as products with 30% DEET.

#### No: Wristbands

Even when they're soaked in repellent, wristbands don't do much to keep mosquito bites at bay. They only block bites for the skinny strip of wrist they cover, leaving the rest of your body a bug buffet.

#### No: Citronella

Citronella is a common ingredient in products made to repel mosquitoes. Though it may work as a brief buffer to bites, it's not a serious solution. Likewise, candles with citronella won't really help.

#### No: Essential Oils

Plant-based oils like lemongrass, cedar, eucalyptus, peppermint, soybean, lavender, and geranium may be popular, but studies haven't shown any evidence that they ward off mosquitoes from snacking on you. Some might irritate your skin.

#### No: Garlic and Vitamin B

It would be great if swallowing a simple pill or clove worked as a cure-all for mosquito magnetism. Sadly, scientists say proof is lacking to declare those methods a solution.

#### No: Bug Zappers

Lay off the lights that are intended to lure bugs in. They don't make much of a difference. And you may actually be inviting more mosquitoes to your yard.

#### No: Ultrasonic Devices

These gadgets send out high-frequency sound that's meant to drive away pests. There's a chance they might work on crickets, but studies say mosquitoes are unbothered by the noise.

#### Yes: Covering Up

If mosquitoes can't get to skin, they can't bite it. When possible, wear long sleeves, pants, and a hat when you know you'll be in a mosquito-infested area. Tuck your shirttail into your pants and your pant legs into your socks for maximum bite blockage.

#### Yes: Being Water-Wise

Stop mosquitoes before they hatch by ridding your yard of standing water, their favorite breeding ground. It doesn't take much moisture for them to set up shop -- even an overturned Frisbee filled with rainwater is enough. Drain pooled water where you can, and clear out anything that might collect it, like tires or pots.

#### Yes: Yard Treatment

Foggers and sprays can temporarily banish mosquitoes from outdoor areas -- foggers can last for hours, sprays for days. But the chemicals can be harmful if you, or your pets, come into contact with them while they're still wet or in the air. Keep windows closed during treatment, and stay out of your yard until everything is dry. Bees and butterflies can also be wiped out, so it's best to avoid treating the places they hang out.

#### No: Bats

It's true, bats like to snack on mosquitoes. But they prefer other, bigger insects like moths. If mosquitoes were their only food option, you might see your mosquito numbers go down, but it's doubtful bats will make a dent in the average back yard.



## Stephen Ministry in Action



**Comments shared by people who  
have received care from a  
Stephen Minister**

The care and support I received from my Stephen Minister was every bit as important to my recovery as the excellent medical care I received from the doctors and nurses. This is truly a life-giving ministry. — Tom

I've heard the phrase "the peace of God that passes all understanding" many times in church. My Stephen Minister has helped me experience that peace in a very real, very heartfelt way. — Anne

I'm so glad I accepted my pastor's offer to match me with a Stephen Minister. I was reluctant at first, but my pastor was right: Having someone I could regularly meet with and talk to really did make a difference. — Tony

Within five minutes of meeting my Stephen Minister, I knew she was right for me. She listens and cares — never judging or criticizing me. She has shown me God's unconditional love, something I had never fully experienced before. — Sarah

When you first hear the word cancer, you wonder if you're going to die. My Stephen Minister couldn't fix or change that. But she let me share my fears, anxieties, and concerns with her. I knew I could always count on her — I wasn't alone. — Maria

Life is so chaotic right now that I don't know much for certain. But I do know that my Stephen Minister is there for me and praying for me. And I've also come to realize that (even though I don't always feel it) God is there too and really is at work in my life. — Earl

My Stephen Minister listens — really listens. I never realized how helpful and healing such a simple act can be. — Michelle

My Stephen Minister was there during the darkest of times — patiently listening and trying to understand my pain. Looking back, I can clearly see how my Stephen Minister kept me connected to God when I was falling away. — Nathan

*Used with the Permission of Stephen Ministry*

## Upside-Down Peach Cake

*Yield: 8 servings.*

### Ingredients

- 3/4 cup butter, softened, divided
- 1/2 cup packed brown sugar
- 2 cups sliced peeled fresh peaches
- 3/4 cup sugar
- 1 large egg, room temperature
- 1 teaspoon vanilla extract
- 1-1/4 cups all-purpose flour
- 1-1/4 teaspoons baking powder
- 1/4 teaspoon salt
- 1/2 cup 2% milk



### Directions

1. Melt 1/4 cup butter; pour into an ungreased 9-in. round baking pan. Sprinkle with brown sugar. Arrange peach slices in single layer over sugar.
2. In a large bowl, cream sugar and remaining butter until light and fluffy. Beat in egg and vanilla. Combine the flour, baking powder and salt; add to creamed mixture alternately with milk, beating well after each addition. Spoon over peaches.
3. Bake at 350° for 45-50 minutes or until a toothpick inserted in the center comes out clean. Cool for 10 minutes before inverting onto a serving plate. Serve warm.

## Encouraging Words

*"Soon, when all is well, you're going to look back on this period of your life and be so glad that you never gave up." — Brittany Burgunder*

**Waverly Road Presbyterian Church**  
**1415 Waverly Road**  
**Kingsport, TN 37664-2520**

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## The Story of Waverly Road Presbyterian, *cont'd.*

WRPC celebrated Easter in the middle of the anniversary festivities. The work of the church continued with new members being welcomed on Palm Sunday and Maundy Thursday. Do you recognize these happy faces?



## Our Daily Bread publications are here!



If you would like one of the *Our Daily Bread* devotionals for some early morning Fall reading, you can pick one up here at the church on the table in the Narthex or call Amy in the church office at (423) 247-5121 and she will be glad to mail a copy to your home address.