

# The Newsheet

## Waverly Road Presbyterian Church

www.waverlyroadpc.org wrpc@waverlyroadpc.org 423.247.5121 Office Hours: Monday-Thursday, 8:00 am – 4:30 pm, Friday, 8:00am – 12:00 pm

**WELCOME TO WORSHIP**



**Palm Sunday April 10, 2022**

**In-Person and Online Worship Service at 11:00am**

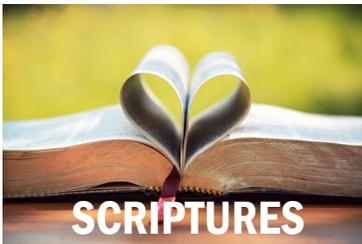
**Click on either link for Sunday Worship Service**



<https://www.facebook.com/WaverlyRoadPresbyterianChurch/>



[https://www.youtube.com/channel/UC1dv3U42u4jLlksq\\_71Foyg](https://www.youtube.com/channel/UC1dv3U42u4jLlksq_71Foyg)



### SCRIPTURES

**April 10, 2022**

Luke 19:28-40 & Psalm 118:1-2, 19-29

### WRPC

## Food Pantry

**SERVING EVERY FRIDAY from 10:00am–Noon.**

*A very special thanks goes out to all of our Food Pantry volunteers who are helping to FEED THE HUNGRY in our community.*



**You are loved. We are blessed!**



## From the desk of Trinity Gibson...

It's Easter time!

This Sunday, April 10, WRPC will host our annual Easter Egg Hunt. At 12:15, after church (please give us a moment to hide eggs), the hunt will begin. I know everyone is hungry after church, we will have snacks to hold you! This Sunday Funday and Easter celebration will only take an hour or less.

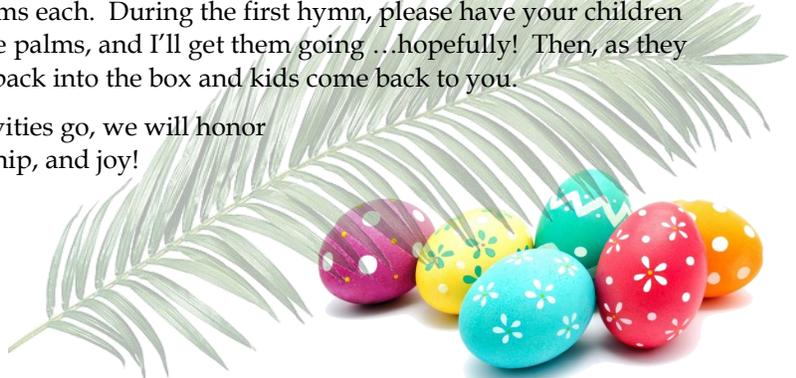
Please bring your baskets if you have them. Children nurse age up to 5<sup>th</sup> grade may hunt for the eggs. There will be designated "hunting grounds" based on age. Everyone will get a prize bag filled with fun crafts and CANDY! Also, we will have a simple craft to make and take home.

Also, as part of Palm Sunday, children (before Covid) usually walked around the sanctuary waving their palms. The palms will be at the back of the church. Please have your children get two palms each. During the first hymn, please have your children come to the front, with the palms, and I'll get them going...hopefully! Then, as they reach the back, palms go back into the box and kids come back to you.

No matter how these activities go, we will honor Jesus with praise, fellowship, and joy!

Have a wonderful week,

*—Trinity*



# PRAYER REQUESTS

### People in our Prayers

- |                             |                           |
|-----------------------------|---------------------------|
| Mary Margaret Bowles        | Laci, Nicholas & Robin    |
| Mike Lewis                  | Lodal                     |
| Rev. Dan Clark              | Joyce Caldwell            |
| Jackie Britton              | Sarah Valk                |
| Holston Presbytery Camp     | Ann Kibler                |
| Patients receiving Dialysis | Jo Morrison               |
| Debbie Reiff                | Dr. Bob & Jeanne Jernigan |
| Rorie Parker Family         | Sarah Hale                |
| Lee Bockman                 | Susan Avery               |
| Doris Blanchard             |                           |

### Missions in our Prayers—2nd Quarter

#### Local Missions

Family Promise / IHN  
Second Harvest Food Bank of Northeast TN  
Waverly Road Childcare Center

#### Regional / National Missions

Holston Habitat for Humanity

#### International Missions

Annapurna Panchakanya Primary School, Nepal  
Congo Hope, Congo  
Osman Hope, Honduras

#### Special Offerings

One Great Hour of Sharing (Easter – April 17) Pentecost Offering (June 5)

*We will leave names on the Prayer Request List for three weeks unless you notify the Church Office to remain on the list for an extended amount of time.*



# This Week at WRPC

## Indoor and Online Worship at 11:00am.

- Sunday 4/10**
  - 9:45am In-Person Sunday School – Preschool through Grade 12
  - 11:00am Sunday Worship Service / Palm Sunday  
(Godly Play Children’s Church in Room 102)
  - 12:15pm Easter Egg Hunt (WRPC Youth)
  - 7:00pm Personnel, Library
- Monday 4/11**
- Tuesday 4/12**
- Wednesday 4/13**
  - 3:00pm Youth Group
  - 6:00pm The Has Beens, FH
  - 1:00pm ZOOM Bible Study
  - 6:00pm Handbells
  - 7:00pm Chancel Choir Practice
- Thursday 4/14**
- Friday 4/15**
  - 7:00pm Maundy Thursday Worship Service
  - 10:00am Food Pantry
  - 12:00pm Good Friday Prayer Service

*Palm Sunday*  
Hosanna To The King of Kings  
Worship Service, April 10, 11:00am

Blessed is the King who comes in the name of the Lord!  
Peace in Heaven and glory in the highest heaven!  
—Luke 19:38

*Easter Egg Hunt*

Our 2022 Easter Egg Hunt will be right after church on Palm Sunday. Children ages pre-school to 5th grade get to hunt for eggs for prizes, play games, and make crafts!

We “hop” to see you there!

Maundy Thursday  
Worship Service

April 14, 7:00pm  
Communion will be served.

“A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.” — John 13:34

## Purchase an Easter Lily

*in memory of,  
in honor of,  
or in celebration of  
the special people in your life.*

Lilies are \$14.99 each.

Order forms will be inserted in the Sunday bulletins, and weekly Newsheets.

Deadline to order is:

Sunday, April 17 (Palm Sunday) 2022.



Youth Group is on Mondays from 3-5 pm!  
Pick-up by 5:15 pm.



We pick up kids from school and parents pick them up. Volunteers are needed. Please contact Trinity with questions at [trinity@waverlyroadpc.org](mailto:trinity@waverlyroadpc.org).



Don't Forget!  
ZOOM Bible Study every Wednesday at 1:00pm!



Views from the

# FOOD PANTRY

by Peter Lodal



**April 10–16, 2022**

To all:

We started April by delivering 29 bags, again closer to the new normal.

We had a LOT of bread, so our friends at First Presbyterian took a good bit on our behalf.

As always, thanks for your support and your prayers.

—Pete Lodal

## WAVERLY ROAD PRESBYTERIAN



We continue to celebrate the 75th Anniversary of Waverly Road Presbyterian Church. All year long, our Newsheets will be filled with our history, pictures, stories, and memories of our beloved WRPC from the archives and from WRPC member contributions. If you have any of these in your own personal

memorabilia that you would like to share with us please contact Rachel Lawson.

### The Story of Waverly Road Presbyterian Church (Continuing our Church History 2009—2013)

In May of 2009, a Mother's Day Out program hosted by Julie Vogel & Rachel Lawson was successful and was voted on to be a regular mission. Laura Neely came in the summer from Columbia seminary to work with the WATeR program and the youth, as well as shadow Dan and pulpit practice.



Kindermusik in Room 101

Kindermusik moved from being in the WATeR facility to Room 101 in the church itself so that the participating families will become familiar and comfortable with the church in hopes of reaching the

community more as an outreach - it worked, with many families visiting and joining over the years.



Rev. Elizabeth Troyer

On January 31 2010, the PNC recommended at the Congregational Meeting to hire Elizabeth Troyer as the associate pastor for WRPC. She began that March, and was installed May 2, 2010 and served until March 3, 2013.

In 2010 Julie Vogel's 25th year of service at WRPC was celebrated by having a piece of music commissioned for her by Marshall Thomason - and a good old fashioned "roast"!

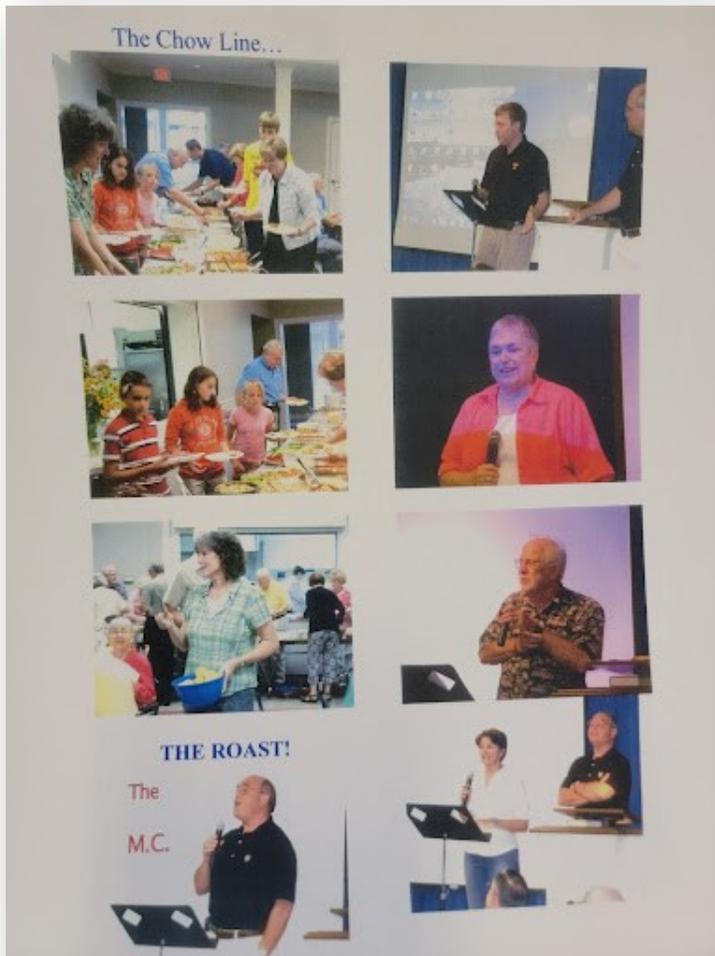


Marshall Thomason Directs:  
"WHAT WONDEROUS LOVE IS THIS."



Middle photo: Julie Vogel and Marshall Thomason  
Bottom photo: Choir singing "What Wondrous Love Is This".  
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## The Story of Waverly Road Presbyterian Church (Continuing our Church History, cont'd.)



*Scenes from Julie's "Roast".*

The first mission trip to Beatyville, KY through Kentucky Cornerstone was held in 2010 with 12 adults and 4 youth attending. It was a new intergenerational way of serving.



*Chris Vogado*

In June 2010, WRPC hosted Chris Vogado, a 2nd year student at Columbia seminary as an intern. This was his first real experience in ministry and he told session he was excited to work with the youth and learn from Dan.

Gerry Laster cared for the children of WRPC in the nursery for more than 25 years. She retired in 2009 and we held a reception for her



on the front lawn in appreciation of all the children she helped raise - including many second generation families. Jill Parsons stepped in as a nursery worker in 2009 and served until 2013.

2011 was a year of meaningful missions. WRPC returned in 2011 to Beatyville, KY with 17 participants of all ages to

help the families living in poverty there. In 2012 the gifts donated at the Christmas Pageant by the congregation was also taken to Beatyville. A trip to Nepal led by Bob Avery also occurred with 5 people attending including Pastor Dan.



*School in Nepal (Lewis and Doris Carson, Like and Ginny Brighton) the kids are all wearing clothing donated by WRPC members.*

June 2012 was supposed to be when the WRPC youth went to Honduras with Osman Hope ministries, unfortunately due to volatile situations in Honduras Osman Hope had to cancel this trip. Instead, Liz was able to take them to serve outside of Phoenix, AZ on the Navajo reservation.

The Panera Sunday School class led by Liz Troyer began in March of 2012 as a pilot program and was quickly popular with the young families. Attendance grew steadily over the next decade.

In June 2012, Martha Triplett, who had worked at WRCCC as a teacher for 27 years already, became the Director of the Waverly Road Childcare Center. Sam Schauss was also welcomed in June as this year's summer intern from Columbia Seminary. An anonymous donor in  
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## The Story of Waverly Road Presbyterian Church (Continuing our Church History, cont'd.)

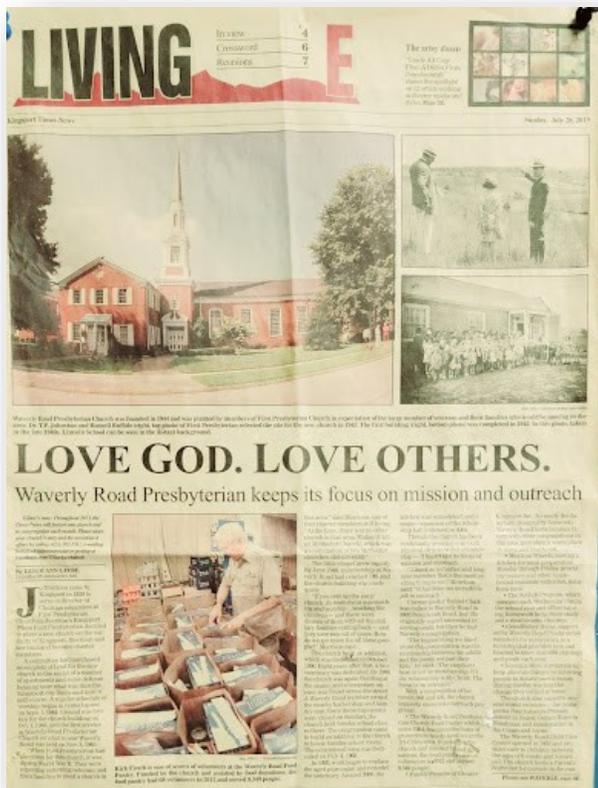
July provided the funds to purchase a new, large van for WRPC so trips would be easier for our congregation members and youth.



Martha Triplett, WRCCC Director

In 2013 the congregation was informed that the buildings across the street were beginning to be torn down as the new Mac's Medicine Mart was being prepared to be built. Sufficient parking during this time was difficult, and there was a possibility that 3 properties could potentially be purchased behind the church to come up with a solution to the parking issue. Many people worked collaboratively to make this happen including cooperation with, and a generous donation from, Phil McManus (owner of Macs). The properties were officially acquired in June 2013.

In August 2013 WRPC's former 2011 summer intern, Chris Vogado, was brought on for an interim Associate Pastor position for a one year term, the benefit being to get someone in soon to the position but still give time to determine WRPC's pastoral needs.



The mission statement of the church was determined in 2013 to be "Love God, Love Others, Make Disciples." and the vision statement "WRPC is a congregation where people: (1) Have a deep relationship with God; (2) Know why their faith is important to them; (3) Are comfortable talking about their faith; (4) Look for ways to share their faith; (5) Help others grow in faith; (6) Nurture Relationships; and (7) Are Welcoming and Loving".



## HEALTH Matters

Why Take an Epsom Salts Bath?

webmd.com

You pulled a muscle lifting weights at the gym. Your skin won't stop itching. Or maybe your arthritis is acting up. Is there anything you can do, besides wait it out?



Your grandma could have the answer. Epsom salts have been used for hundreds of years to ease all kinds of aches, pains, and skin troubles. A simple soak in the tub may help you feel better.

### What Are They?

Despite the name, Epsom salts aren't like the stuff you put on your fries. They're called salts because of their chemical structure. The "Epsom" part is a place in England where they're found in natural springs.

You can find them in most drugstores, usually around the aspirin and laxatives. Many grocery and natural food stores also carry them. A large box costs just a few dollars.

They're not the same as Dead Sea salts, a blend of minerals found only in the Dead Sea in the Middle East. The water and light there supposedly help with skin diseases, arthritis, and other health problems.

Epsom salts are also different from fancy bath crystals. They may not be made from the same chemicals. Plus they often have oils, colors, and perfumes to relax you and soften your skin.

### How Do They Work?

In water, they break down into magnesium and sulfate. The theory is that when you soak in an Epsom salts bath, these get into your body through your skin. That hasn't been proven, but just soaking in warm water can help relax muscles and loosen stiff joints.

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# Mission Moment Update...



Holston Habitat for Humanity is part of a global, non-profit housing organization operated on Christian principles that seeks to put God's love into action by building homes, communities, and hope.

Last fall, several community service groups and Kingsport churches, including Waverly Road, joined in the 2021 Faith and Community Build. They partnered with Darlene in building a new house for her on Ramsay Avenue.

I would like to share excerpts from the 2021 Gratitude Report we received from Laura Kelly, Executive Director of Holston Habitat for Humanity:

Holston Habitat for Humanity makes a real impact in the Tri-Cities region. The work that we do is so critically important for the families we serve, but the impact ripples far above and beyond the houses and critical repairs we do. We are saving goods from landfills at the ReStores, providing security and stability through critical repairs and homeownership (resulting in higher attendance at school, job security, and more), and building community all along the way.

717 volunteers representing 21 faith partners and 41 business and civic partners served 5 families with new homes and critical repairs, 7 individuals, 2 veterans, 2 elderly, and 2 disabled.

Including operation of the two Habitat ReStores, the total impact of Habitat's investments in the community is over \$2 million.

We have HIGH hopes for 2022! We will increase the number of families and individuals served by building more homes, and we are expanding our Critical Home Repair program. We are hopeful that loyal supporters, like you, will continue to support the good work of this organization through donations, volunteering, prayer, and advocacy.

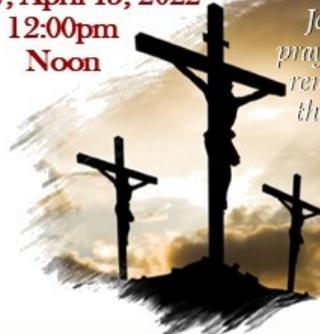
Thank you.

[The full 2012 Gratitude report is enclosed.]

## Good Friday Prayer Service

Friday, April 15, 2022  
12:00pm  
Noon

Join us for our prayer service as we remember the day that Jesus Christ died for us.



**For the month April**

**April is the month for donating gently used infant to 24 months clothes.**

**APRIL SHOWERS bring new hygiene items, too.**

**Thanks so much for your support!**



## Why Take an Epsom Salts Bath?, cont'd.

**People use Epsom salts baths as a home treatment for:**

- \* Arthritis pain and swelling
- \* Bruises and sprains
- \* Fibromyalgia, a condition that makes your muscles, ligaments, and tendons hurt, and causes tender points throughout your body
- \* Ingrown toenails
- \* Insomnia
- \* Psoriasis, a disease that causes red, itchy, scaly skin
- \* Sore muscles after working out
- \* Soreness from diarrhea during chemotherapy
- \* Sunburn pain and redness
- \* Tired, swollen feet

While there are plenty of folk remedy claims, there aren't a lot of studies to back them up. Taking this type of bath probably won't hurt you, but if you have health concerns, check with your doctor first.

# The Importance of Confidentially in Stephen Ministry



Are you or someone you know going through a time of transition and would like to talk to someone with the confidence that the conversation will not be shared with others?

Confidentiality is a cornerstone of Stephen Ministry because it is absolutely essential for building safe, healing, caring relationships.

Stephen Ministry is confidential. Stephen Ministers don't reveal what their care receivers have told them. Not to pastors, not to the Stephen Leaders, not to their spouses or friends, and not to other Stephen Ministers.

Why? Because trust is vital for a caring relationship to be effective. Care receivers are experiencing difficulties that leave them feeling very vulnerable. Discussing their innermost feelings is an important step in the healing process. In order to open up and discuss that which is troubling them, care receivers need complete trust in their Stephen Minister – and the assurance that what they say will not be circulated to others and become news for gossip.

This assurance builds trust and creates a safe place where care receivers can risk revealing their most painful issues – problems they might not even discuss with close friends or family. Confidentiality helps to create a relationship that promotes healing and hope.

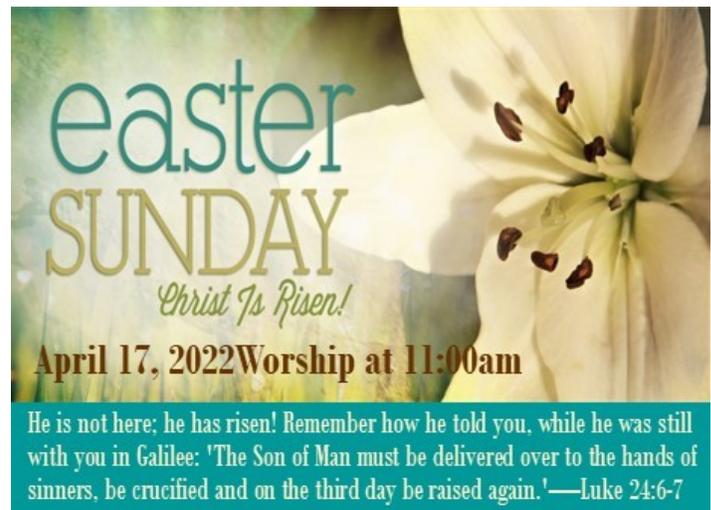
Another aspect of confidentiality is that nobody – except the Stephen Minister, the care receiver, and the pastor or Stephen Leader who matched the two together – even knows that a care receiver has a Stephen Minister. Care receivers, of course, are free to tell others about the relationship and who their Stephen Minister is, but the Stephen Minister NEVER tells. This means a care receiver can choose to have complete anonymity so that if he or she doesn't want people to know that he or she has a Stephen Minister, nobody will ever know.

One final point involving confidentiality involves the Stephen Ministry model of supervision, where confidentiality is also a key element. (Supervision which meets monthly is vital to Stephen Ministry so that Stephen Ministers can provide the best quality care possible to their care receivers.) In supervision the focus of discussion is on the relationship between the Stephen Minister and the care receiver, rather than the details of what is going on in a care receiver's life. By not revealing a care receiver's name or any significant details, confidentiality is maintained, and supervision becomes a place where Stephen Ministers can support and encourage one another in ministry while they provide the

best quality care to their care receivers. It's a model that enabled life-changing ministry to happen in thousands of Stephen Ministry congregations since 1975.

Why this talk about confidentiality? To build your trust in Stephen Ministry. It is a high-quality caregiving ministry that you can count on when you have need to have someone to talk with and to care for you. Confidentiality is a cornerstone of good ministry – and of our Stephen Ministry.

If you or someone you know could use someone to talk with and keep the conversation completely confidential, please contact one of our Stephen Leaders – Sharon Petke, Dave Petke, Diana Eldredge, or Barbara Lane.



## Did you know.....

As Jesus rode into the city on a donkey, his followers spread palm branches at his feet and called him "Hosanna" or savior

**Palm branches were considered symbols of victory and triumph at the time.**

Days later, the people of Jerusalem would turn on Jesus and demand the Romans crucify him.



## Chow Mein Noodle Easter Egg Nests

*Serves/Makes: 6*

### Ingredients:

- 1 package (6 ounce size) chocolate chips
- 1 package (6 ounce size) butterscotch chips
- 1 can (5 ounce size) chow mein noodles
- candy eggs or jelly beans

### Directions:

1. Combine the chocolate and butterscotch chips in the top of a double boiler over simmering, not boiling, water. Cook, stirring constantly, until the chips are melted.



2. Carefully remove the top of the double boiler and set it on a hot pad or other heat-proof surface. Stir in the chow mein noodles. Immediately drop the mixture by spoonfuls onto waxed paper.
3. Made a depression in the middle of each "nest" with a spoon. Add 2-3 candy eggs in the center. Let cool completely. Store the candy nests in an airtight container.

